

***God's Laws:
Law Of Attraction***

***By
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This ebook is a transcript of a seminar delivered on 7th February 2009 by AJ Miller (who claims to be Jesus) in Eudlo, Australia, as part of the God's Laws series of talks. In it Jesus describes how God's Law of Attraction operates through every event that occurs in our lives.

He describes how it brings to us exactly what we desire at the soul level, how this law is God's Messenger of Truth to us about our soul condition, how to utilise this law to create more positive events in our lives. He also gives a range of examples of the Law of Attraction in operation, and how to learn from these events.

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The Law of Attraction: Part 1

1. Introduction

Now today's discussion is about the Law of Attraction. Not the Law of Attraction “The Secret” style. This is the real Law of Attraction, the one that really happens within your soul. So I wanted to spend a lot of time today explaining the principles of the Law of Attraction to you. [00:04:53.12]

Now what we'll do is we'll do a presentation first about the Law of Attraction and then we'll have our discussion about it. So the second part is part where I'd like you to ask as many questions about the Law of Attraction, even your own Law of Attraction if you like. What I want to do firstly though is present to you the actual Law of Attraction principles; based upon your soul and how that works, so that you have a deeper understanding about how the Law of Attraction actually works in your life. [00:05:34.18]

2. The Law of Attraction brings us what we really want

Number one thing about the Law of Attraction is, what you really want you get. Now how many of you feel you're getting what you really want right at the moment? Some of you, but not many. So absolutely every one of you who didn't put your hand up, you do not understand the number one rule of the Law of Attraction. What you really want, you are already right now getting. That is the number one principle of the Law of Attraction. [00:07:05.25]

WHAT YOU REALLY WANT
YOU GET!

So then a lot of people hear that and go, “Well how does that work? I really want to have a million dollars and I don't have that. I really want to have a new car but I don't have that. I really want to have a relationship that's working but I don't seem to have that. I really want to have children that love me but they all seem to be angry with me and I don't have that. So how can you say I'm getting what I really want right now?” How many of you feel that way? “How can you say that I'm getting what I really want?” [00:07:35.21]

The truth is you are getting what you really want right now and that's a very, very important truth to understand, right at the beginning. But it's not what you really want intellectually. This is the problem; we think if it's what we want then we should get it but it's not about that. It's about a thing called soul condition. Later in our discussion today we're going to focus on what the soul condition really is. [00:08:13.07]

2.1. The Law of Attraction Divine Truth style vs. “The Secret” style

Now who of you have seen “The Secret”? Most of you? Good. That's great. Now in “The Secret” it recommends that you think about things a lot. Visualise, conceive, think about things and then what you think about you will get. Now how many of you have tried that, particularly after seeing “The Secret”? (Laughter) And how many of you have found that really, really successful? Okay, so not many; only about four people put up their hand in that second question. So how come out of a hundred people who've tried it, it only seemed to work for four people? It's a good question, isn't it? So then it feels like, “I've been fed a furphy here.” The word “furphy” means I'm being fed a distraction, I'm being fed a lie and a lot of times we feel that; that we've been fed a distraction here. This “Secret” thing, which is about this Law of Attraction doesn't really work either. It's another one of these New Age things that doesn't work. [00:09:18.11]

But the truth is when we understand it completely; you will see that it works perfectly. But the key is to understand it completely and that's why I wanted to have this discussion with you today.

The Law of Attraction is a very, very important law. It's a law actually that governs the universe. It governs the universe in the physical state, in the state we're in, but it also controls the spirit world as well, and all of the spirits who

have come with us today, and all the soul states, the states above the spirit world. They are all controlled by this Law of Attraction. It's a very, very important law to understand and it's a very important law to use in a way that will help you to get closer to God. So that's why we want to discuss it because it's actually a law that can assist you to get closer to God.

3. The Law of Attraction is God's Messenger of Truth to us

In fact I would call the Law of Attraction God's Messenger of Truth to you. So the second thing to remember about the Law of Attraction is that it is God's Messenger of Truth to you. [00:10:37.27]

GOD'S MESSENGER OF TRUTH

So the first statement I said is what you really want you get, and the second statement I said was that God's Messenger of Truth to you is this Law of Attraction; that what you really want, you get. [00:10:51.09]

So then we have to define what is real, don't we? What do we mean by what we really want? Well your soul condition defines what you really want, not your intellect. Now we need to work out what's the difference between the two. What's the difference between our intellect and our soul condition? [00:11:18.08]

4. The Law of Attraction operates on soul condition

You'll notice in the "What is Soul Condition" section in the seminar outline that I've said that the soul condition is the sum total of your passions, your desires, your longings, your moral beliefs, your moral condition, your aspirations, your pursuits, your emotions, your feelings, your intentions, your loves, your dislikes and hates, your fears, your religious beliefs, your scientific beliefs, your love beliefs, your mental aspirations and beliefs that come from the soul. All of those things, altogether, are what is your soul condition. And your soul condition actually causes all of your attractions. It is not what you think you want, it is what you really want at the feeling or emotional core of you, at the soul level, that defines how the Law of Attraction works in your life. [00:12:27.10]

Now is everyone getting that? It's one thing to get that here intellectually and quite another thing to actually feel the truth of that emotionally. So if I'm in a relationship for example that I'm not finding fulfilling, it is what my soul condition wants right now in order to actually clear something, in order to access truth within me. Because remember the second thing I said? The Law of Attraction is God's Messenger of Truth to you; that's really important to understand. [00:13:25.27]

So the Law of Attraction is giving me what I really want and of course if you think about it, God wants you to be real. That's the first thing God wants you to be. [00:13:36.24]

So, for example, many of us have anger in our hearts towards God because we feel really annoyed that God hasn't given us what we want; that God hasn't given us a little rule book where we can say, "There's God's Laws and I can follow that." How many of you feel really frustrated about that? "Where's my guide book? There are all these laws AJ's telling me about, nobody's told them to me before. What's God doing? Surely He should have given us an instruction manual? When they build a car, an instruction manual comes. Somebody built my heart, so an instruction manual should have come with that."

The truth is that instruction manual has come but we just don't recognise it. The instruction manual is the Law of Attraction - God's Messenger of Truth to your soul. But we often don't think of it that way, we think of it as a pain in the neck. So what we do is we look at the instruction manual, the Law of Attraction that's attracted all of these bad relationships, all this bad financial situation, all of these other things into my life. And what do we do? We look at it and say, "I don't like that instruction manual, (laughter) give me another one." And God says, "No, no, no this is your instruction manual." This is God's message to you: "What I'm trying to do is tell you the truth about yourself. And the Law of Attraction, this law that operates on your true condition, your soul condition, tells you the truth about yourself. In fact can you use this law to find out the truth about everything within yourself, if you have the courage to do that."

So it's really like God saying to you, "Here's the instruction manual," and us having the courage to open it. "Ah, AJ's got anger with God," and we start reading the instruction manual, which is actually a very personal instruction manual. It's not an instruction manual given to all of you as one manual because all of us are different. We all have different emotions, we have different feelings, we have different passions, we have different desires. Even in our pristine condition we have different personalities. So does it make any sense for God to give one instruction manual? It doesn't really, does it? So what He's done is He's provided this Law of Attraction, which operates on your personal soul condition. It's your personalised instruction manual that you can have the ability to open up and have a good look at what you really are.

Now the big problem is that most of us open something up and have a look at what we really are. You know when we go over to the mirror in the morning and we have a look and we're not that happy with what we see. And so what are we tempted to do then? We're tempted to say, "Ah the mirror's a bad idea." (Laughter) How many of you have given up the mirror altogether? (Laughter) It's very hard to give up because we always want to see what somebody else is seeing. But if we have the courage to look at God's instruction manual, the Law of Attraction, which is operating on the soul condition, then we can see what God is trying to tell us about the truth about our own life, about our own condition.

Now if you think about that from a positive point of view that's very powerful, isn't it? That means that every single one of us here has a personal instruction manual that we can actually look at every single moment of every single day. That's a very powerful place to be in if you see your life like that, but most of us don't see our life like that. Most of us see our life in totally the opposite way, and that is, "I'm not responsible for what's around me, everybody else is responsible for what's around me," and so we try to make everyone else responsible, including God, and we don't see ourselves as a powerful creator. We start seeing ourselves as the person that everybody kicks around, that everybody manipulates and controls. We start seeing ourselves as a victim of life rather than the creator of our own existence. [00:17:51.19]

Now this law, the Law of Attraction, which operates upon the soul condition, is telling you that actually, no you are the creator of your life but not intellectually, it's your heart that's creating your life. And if you allow yourself to ponder about that and really take that into account, your life can change very, very rapidly. [00:18:17.15]

5. The scope of the Law of Attraction

So what kind of things are actually part of your Law of Attraction? There are huge mountains of things. In the section under "Scope of the Law of Attraction" in the seminar outline, I've said, "Everything on Earth and in the spirit world," so all of our spirit friends who are here today, even in the spirit world, everything surrounding you is the result of your Law of Attraction. [00:18:41.10]

So how many of you have a nasty neighbour? A few of you have a nasty neighbour; that's your Law of Attraction. How many of you have had a father who's been angry? That's now your Law of Attraction. How many of you have had relationships that have never been satisfying? That's your Law of Attraction, you created it. You created it. You created it. (Laughter) Do you get that? [00:19:27.24]

You see what we often are doing is we're saying, "No, no how can you say that AJ. That's not fair. I didn't make him angry; I don't want him to be angry with me. Why is he angry with me?" You created it. There's something in you that causes him to believe that he can get angry with you and get away with it. There's something in you that allows that. How many of you have been cheated on by a partner? Nearly half of the audience. You created it. How can you say that? They're the one who did the cheating, how can you say that you created it? Well there was something inside of your soul that attracted it. Something inside of you that was triggered by that event that you created. You created that person, you created even the relationship. You created it. [00:20:22.13]

Like I said, everything surrounding you that is happening to you, every single relationship in your life, every single person, every single event, every single personality, every single trauma, every single good thing that happens in your life is all created by your Law of Attraction, by your soul condition. [00:20:46.21]

Participant: Even as a child?

As a child is a little different. This is as an adult. I'm talking about as an adult. As a child it's very much your parents' Laws of Attraction that create things that are going on inside of you as a child. When we have the discussion about parenting and children, you will find that as parents we have a huge responsibility because we are actually not only creating the Law of Attraction for ourselves, but by just bringing the child into our environment, we are now creating a Law of Attraction for our child. [00:21:21.10]

So I'm talking to a group of adults here and everything that is right now in your life is created by your Law of Attraction. Your Law of Attraction is God's Messenger of Truth to you to help you release from yourself emotions that are disharmonious with love and to allow emotions that are harmonious with love to enter you. This is the purpose of your Law of Attraction. [00:21:47.20]

Participant: Could some of the emotions be from a past life that we need to deal with them in this life?

In a previous talk that you might like to look at, I've said there are no past lives. The reason many people feel there are past lives is there are spirits attached to them. Those spirits have their own Law of Attraction and those spirits are certainly attached to you through your Law of Attraction too. So, for instance, if you get a feeling that you've had a past life and you were murdered in a past life and you have a certain feeling of terror associated with that, then that terror was the Law of Attraction that attracted the spirit to you, and it's that emotion, the soul condition inside of you, that made that attraction occur. [00:22:34.07]

So everything is based still on the Law of Attraction, what's happening between you and even in the spirit world is due to the Law of Attraction. Everything.

So if somebody comes up to you and says, "You've got three spirits with you. One of them is really angry with men, one of them is really angry about this issue and one is really sad." All you need do is say, "Alright I'm really angry with men, these are my Law of Attractions." Just like they would be here on Earth, it's the same thing. What you're attracting, you'll attract both in the spirit world and here on Earth; you will attract spirits from the spirit world with the same Law of Attraction that you attract people on Earth to you as well. [00:23:20.19]

How many of you had an event last week that caused a little bit of anger to rise in you? Most of us. Okay. That was your Law of Attraction and in fact your anger was your resistance to the Law of Attraction. We'll talk about that in a minute.

So does everyone understand the difference between what I'm saying and what you've probably been taught about the Law of Attraction? The Law of Attraction is not something you can mentally construct. It's something that happens at the soul condition, which is to do with your emotions, your passions, your desires. Everything that's happening inside of you is what governs your Law of Attraction. [00:24:01.15]

6. Ways in which to change the soul condition

Now you'll notice there's a section I've made in the seminar outline under "What is Soul Condition" where I've listed the things that can change your soul condition. Now I won't discuss all of those at the moment but it's very, very important that you understand the things that can change your soul condition the most rapidly. If you're attracting a negative event or negative people into your life, do you want to change that now or do you want to change that gradually over about fifty years? (Laughter) What would you prefer? Now, wouldn't you? Okay so therefore it would make sense to use the method that's the most rapid method to work on your soul condition, wouldn't it? Now many people don't. What they do is they use the slowest method.

6.1. An example of a woman learning from abusive relationships

You often see this in relationships where a woman will marry a man and initially the man's quite abusive and maybe even violent. So she works through that emotion where she doesn't want that anymore and she releases that man from her life. It's usually called divorced nowadays, but she releases that man from her life and she attracts another man. This man is not physically abusive to her but he's emotionally abusive to her. So she might live with him for another ten years, hoping for him to change, like we always do. But eventually she'll work through the emotion that causes her

to stay in that condition and if he doesn't change, she would probably leave that relationship. [00:25:33.19]

Now she's learnt two things hasn't she, about self love? Self love doesn't let me get abused physically. Then she, on the second marriage, learnt self love doesn't let her get abused emotionally. So she's doing pretty good, but it might have taken twenty five years. Do you want to take twenty five years to learn those two lessons? Now many of us have in our own lives; we've taken this long period of time to learn these lessons that are being reflected at us. [00:26:07.00]

Now the Law of Attraction, operating on your soul condition, is God's Messenger of Truth to you. Now if you're really serious about the Law of Attraction, can you see that the first time the lady got hit she could have actually dealt with the emotion, or the passion, or the desire, or the longing inside of her soul that created her soul condition. She could have dealt with that emotion there and then and the very next day left that relationship. Now that often doesn't happen, does it? Often you stay in it for ten years. But you can see how if she had a different way of dealing with it she could actually have dealt with it very rapidly and within a day or two days or a week, be totally out of that relationship and no longer attracting it, if she dealt with it emotionally. [00:26:57.28]

The problem with dealing with it intellectually is she says, "I've been beaten up by this guy so I'll leave him and I'll go to a refuge home and spend a few weeks there and find another life." If I don't deal with it emotionally what am I going to attract next? The same kind of man in a different body. That's what I'm going to attract. And if we find that happening in our lives, what are we doing, we are basically not listening to God's Messenger of Truth. We're not listening to the Law of Attraction. [00:27:29.16]

6.2. The Law of Attraction ramps up when it's not heard

Now usually when a child isn't listened to, what happens? Often they speak a bit louder. And then they speak a bit louder and then they yell and scream at you to try and get your attention. Isn't that right? Well that's what the Law of Attraction does. Have many of you noticed that? With the Law of Attraction, you could have listened to one thing, you could have listened to the next and then it just intensifies and intensifies and intensifies until it feels like everything is caving in on you, and then you listen. Well you don't have to do that either. You could listen the first time you see. This is why it's very important to understand the Law of Attraction because if we understand it, we start seeing it as God speaking to me. And if we start seeing it as that, we will start listening to it and we'll start observing it on a day-to-day basis. And if you start doing that, then the power of it gets enhanced so much that every single day you're changing and every single week you start attracting different things because of the rapid changes you are making. [00:28:42.17]

6.3. Longing for Divine Love, Divine Truth and being humble are rapid ways to change soul condition

So how do we make rapid changes? The first way to make rapid changes and in fact the only way to make the most rapid changes are to do with receiving Divine Love. Now remember there are three principles of receiving Divine Love. The first one is desiring love from God, having a soul longing, which is called prayer, for God's Love to enter you. Now what does that do? What that does is firstly it develops desire for love. Now desire is a key aspect in regard to the Law of Attraction. And we'll talk about why. There are actually laws surrounding desire and you don't really need to know them. All you need to do is exercise your desire and what will happen is all the things you want start getting attracted to you more rapidly. [00:29:51.08]

So how many of you found when you first listened to the DVDs that you were presented with regarding "The Secrets of the Universe" that within a week all of a sudden there were different big emotional things happening in your life? More than half of the audience. That's because that opening in your soul created this desire for truth and love, and as soon as that desire for truth and desire for love was created, what happened was your soul just kicked it up a notch and your Law of Attraction, because of the desire, just kicked up a notch as well, and you started attracting the things that would release the emotions that are causing the soul condition damage. [00:30:36.09]

So the desire for God's Love is the first part of the Divine Love Path, what's the next thing? Desire for truth. Now remember I said for Divine Truth. What's Divine Truth? It's God's Truth. So this is not you living in your truth anymore, this is you starting to see the truth about everything around you, including the truth about yourself from

God's perspective, and that's a lot different than seeing it from your own perspective. [00:31:13.25]

So once that desire for God's Truth comes along, that kicks up your Law of Attraction desire for truth. Now many of you have had a desire for truth for a lot of your life, and the truth is that around the world there are literally hundreds of thousands or even millions of people who have a desire for truth. But a big problem that we have with truth is that we desire truth and usually within a day or two, truth will come to us. So we desire this truth, the truth comes to us and we say, "No that wasn't the truth, that can't be the truth." But it is that easy actually. The truth is that the more strongly you desire truth at your soul condition, the more strongly you will attract truth instantly into your life. But remember truth is an emotional process; it's not an intellectual process. It's going to confront you intellectually. [00:32:11.00]

So how many of you have had a strong desire for the truth, and then you meet up with this guy AJ who's saying he's Jesus, and it's stressed you out to the max? How many of you have felt that? Lots, I know most of you have (laughter), and yet it was your desire for truth that attracted me into your life. I didn't come into your life because I decided I wanted to meet you. I came into your life because I could feel at the soul level your desire for truth and that's what I respond to. This is what's going on constantly. [00:32:50.07]

Now as soon as most people hear that I'm saying I'm Jesus, most people just walk away. Why is that? They attracted me, they get me and then they walk away from me; why is that? Because most of the time you know we don't know how to receive. We don't trust our Law of Attraction. We don't listen to what's really going on at the soul level, that's what's happening. [00:33:18.07]

Participant: Do we have pre-conceived ideas?

We have pre-conceived ideas of truth or beliefs that prevent us from actually listening to what's being presented to us all the time; this goes on all the time. This is what's happening in your day-to-day life even. In your day-to-day life what's happening right now is many single times you are getting presented with the actual truth about your own emotional condition and you resist it and say, "It can't be right, it must be somebody else's fault, they're to blame." Many times, be honest with yourselves, this is what is going on for your life, right now. Why? Because we are quite resistive to seeing ourselves reflected back to us, that's why. [00:34:02.08]

So the third thing on the Divine Path is always be humble. Remember what I said being humble was? It's a passionate desire to experience your own emotions.

- 1o DESIRE FOR GOD'S LOVE (PRAYER)
- 2o DESIRE FOR GOD'S TRUTH
- 3o HUMILITY

Can you see how with desire for love, desire for truth, and a passionate desire to feel our own emotions, how desire is working here? When you ramp up your desires, you ramp up your Law of Attraction. That's a very important principle of the Law of Attraction. [00:34:41.02]

So those three things are your shortcut into actually clearing away your soul condition damage and receiving new truths. Now if you decide to not do those things, you can do it the slower ways, and those slower ways are exactly what I mentioned earlier about the lady who had the relationship and then worked through one issue and then had another relationship and worked through the other issue. Can you see what's happening there? That's a slow way. [00:35:12.10]

Participant: Is that the Natural Love Path?

That's the Natural Love Path.

6.4. Developing natural love is a slow way to change soul condition

The Natural Love Path is a very, very slow path for most people because they're working through the Law of Attraction

events in a slow manner, not realising there is this fast way to work through things. Now when I say fast, within a few years you'll find yourself really clear if you're totally open on this path. Now the problem is that most people say, "I was totally open and it's been five years now and I'm still not there." Well the truth is you weren't totally open and there is a lot of resistance in us, and we'll get to resistance in a minute in this discussion. But this is the fast way for you - to access your Law of Attraction. [00:35:58.02]

I've mentioned some of the slower ways in the seminar outline. You notice how I've mentioned things like growing desires and passions harmonious with love. So that's a bit slower way but it's something you can do. For example you can nurture and grow within yourself the desires and passions that are harmonious with natural love with your expression of love and your Law of Attraction will change. You can do things like changing intellectual beliefs, thoughts and words and actions. You can do that if you like, and the majority of people on the Natural Love Path do that; they change their thoughts. But it takes a long time for a thought to permeate into the soul unless we're very young. Thoughts permeate into the soul when we're very young very rapidly, mostly because those thoughts are also associated with some pretty heavy emotional projections, and that's why they enter the soul so rapidly. [00:37:00.26]

So, for example, if you are two years of age and your parents become Pentecostal Christians, your soul will feel that far more than if you were twenty years of age and your parents become Pentecostal Christians. Can you see the difference? One is you are very dependent on your emotions from your parents and so you are absorbing their emotions. The other is you've probably got a bit more wide variety within yourself of emotions and experiences and so it has less of an effect on you. [00:37:34.15]

So the key thing to understand is that your thoughts can affect the Law of Attraction, just like it says in "The Secret", but it's going to be very, very weak influence and that's why it's only successful for a few people. The way to make it completely successful one hundred percent of the time is to have it so that it's actually affecting your soul condition, which is your emotional condition. That's how you have it affect that. And we'll talk about how that happens in a minute.

6.5. The importance of soul condition

So can everyone see the importance of your soul condition in this? Now why is soul condition important? Because God has a relationship with your soul, the universe has a relationship with your soul, and every single person around you actually has a relationship with your soul. They don't have a relationship with your body; they don't have a relationship with your mind. They don't have a relationship even with your spirit body or your spirit body's mind. So for all of those spirits who are here, they don't have a relationship with any of those things. Every single being in the universe, including animals, including inanimate objects too by the way, all have a relationship with your soul. God has a relationship with your soul. So your soul condition is this thing of supreme importance. Not what you look like and not what you think but rather what's going on inside of yourself truly; that is the thing of supreme importance. [00:39:22.21]

Now I've already had a lot of discussions about "Denial of the soul", and how you can get away from your soul and all of those kinds of things and I won't go into those things at this moment except for mentioning a few things later. But please understand the Law of Attraction is about refining your soul condition to one of two different states. One state is that you become perfect in natural love or the other state is you become perfect in Divine Love. It will refine you to one of those two states. [00:39:56.23]

Now one of those states, the Natural Love Path, is dependent upon your desire to know yourself and to experience yourself fully and in fact, on that path, remember most people finish up saying they are God because they experience themselves that much, they feel they are so wonderful, that they feel that they have become gods. That's the Natural Love Path and if you refine yourself in that manner, using the Law of Attraction, your soul condition will be refined until the sixth sphere of the spirit world. [00:40:29.09]

If you're on the Divine Love Path where you're no longer gods but God's child and you develop these desires, what will happen is the Law of Attraction will refine you and you'll actually enter the seventh sphere, the eighth sphere and you will keep progressing everlastingly. There will be no actual stop to your progression on that path. [00:40:54.19]

So that applies to all of the spirits here as well. It doesn't matter where they are right now. They can be in the bottom of the first sphere, which is very hellish sort of conditions, and yet they can still change their soul condition. So all of us

are totally capable of changing our soul condition. [00:41:14.22]

7. Coming to terms with our soul condition

So does everyone understand what I mean by soul condition? So when you read the Padgett Messages, whenever it mentions the words soul condition, think about your own soul condition. Allow yourself to feel the emotions that are inside of your soul about all of the different aspects of things that you're learning. Let yourself feel your soul condition and do you know what? All of us will be very tempted to deny our soul condition. Why do we want to do that? [00:41:53.13]

Participant: Because it's confronting?

Because it's confronting! It's painful to see yourself as you truly are. But remember pain is always things that are happening in disharmony with love. So if I feel pain in confronting my own soul condition, I am already in judgement of my own soul condition. So I'm not encouraging you to judge your own soul condition. There's a difference between judging it and actually feeling it and knowing it; one is actually condemning it and the other one is just saying this is what it is.

So how many of you have felt judged with things that I've said to you through the course of these things? Often you have, haven't you? But I haven't felt a judgement emotion towards you, all I'm doing is stating the truth of a soul condition. But as soon as you go into judgement, you are now actually saying to yourself that that your soul condition is bad and wrong and terrible and then you start dumping more things upon your soul, and you don't need to do that. [00:42:58.22]

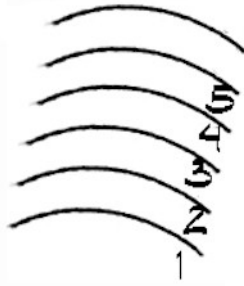
Remember that the Law of Attraction is God's Messenger of Truth to you. So if your Law of Attraction is bringing to you negative events and situations in relationships in your life right now, instead of just saying, "I've listened to AJ today and my soul condition must be terrible," (laughter) and from there the next step generally is, "Aren't I a terrible person," and, "God would never want me now," I need to go into all of that emotionally if I want, because they are all emotions that will change my soul condition. But the truth is that seeing yourself truthfully doesn't mean that you need to judge it all like this, but you do need to respond to it and often it's the emotional response to it which is the judgement that we need to firstly deal with. So that's something to consider. [00:44:01.09]

7.1. An illustration from the first century about a rich man building warehouses

In the first century I used an illustration quite often about a man who was very, very rich. What he used to do is he had so many properties and he had so much land and he had so many slaves and workers working for him that he would spend his whole evenings just planning the next day of how he could grow this wealth. That's what he spent doing every single day. So he would come from his long days of work and his long days of organising and everything and he would then be planning what he would do the next day, and what bigger and better thing he could achieve the next day, from a material perspective. The next day he decided he was going to build lots and lots of warehouses because he didn't trust the people he was selling his goods to anymore, and he decided he wanted to make money out of that process as well. You know how things happen nowadays; they are similar to the first century in that you would actually be the person who grows something and then you'd sell it to a person who's a buyer and then they would get all those goods together and sell it wholesale or retail? The same kind of thing happened then. [00:45:35.13]

And so he wanted to become what you would now call a wholesale direct place but he just wanted to have the prices up a bit and then he wanted to make more funds, and so he built these big warehouses that he would store everything that he was producing in. And one night he came home and he was having a drink, a bit of wine, and looking in a lot of self-satisfaction at what was actually going on in his life; he was feeling that he was really achieving everything he had believed that he wanted. And right there and then he had a heart attack and died. [00:46:23.20]

Now where will he arrive in the spirit world? Remember there are spheres in the spirit world; first sphere, second sphere, third sphere and so forth, and they are all in different conditions of love - it's the love that determines what sphere you're in.



The spheres in the spirit world are in different conditions of love

The man was into just milking everything around him to get what he wants, so where will he arrive? In sphere number one, that's where he will arrive. So right at that moment, God immediately reflected, through the Law of Attraction, his true condition to himself, and this is the problem with our life a lot of times; a lot of times with our life we ignore our soul condition while we're alive on Earth and it's only when we pass into the spirit world that we first become aware that our soul condition perhaps wasn't as good as what we believed it to be. [00:47:37.05]

Now what would you do in that situation? With what you know now, you could work with that, you could understand it. But imagine that you didn't know that. Imagine you had lived your entire life in this way of just looking for material thing after material thing after material thing for satisfaction, constantly looking at what you can get yourself rather than what you can give, and all of those kinds of things which are all the opposite of love. Love of self certainly, but not love of others. And you're getting all of those different things in and then you're confronted. Imagine the trauma of that. Many people who pass and many spirits who are here with us today are in that traumatised state. They feel why are they where they are? Why are they in this dark place that's dingy and they haven't even got a pretty place to live in anymore. They want to come back to Earth; they want to reincarnate. How do they reincarnate? "I want to come back to Earth. I don't want this dingy place I've got up here." [00:48:36.15]

There are all these feelings and emotions they have. Because what happens in the spirit world is that God has created this set of laws that if you do things here on Earth and you don't listen to your Law of Attraction here, your Law of Attraction ramps up in the spirit world and one way it ramps up is the location where you live is a true reflection of your soul condition. One of the reasons why I'm saying this now is because there are a lot of spirits here who don't know why they're in what is called the hells. And the reason why they don't know is they don't understand that it's the soul condition, the feelings inside of themselves, that are keeping them where they are and all they need do is release those feelings and they will go to a new location. [00:49:30.01]

Isn't it far better to learn that here, than there? Can you see why the truth here is so important? Because if you start living your life here where you understand what your soul condition is and you understand what that generates in your life, when you pass you will not receive any shocks. In fact if you do receive a shock, it will be that you're shocked about how good it has been because you've worked through the different things inside of your own soul condition. God is very generous with us. When we pass, usually that's when we first find that out. You can find that out here of course but most people don't find it out here, they find it out when they pass that God looks at all the things you've done, where you've had a soul condition that is pure with far more weight than He does look at all the things with the soul condition that were impure. But it is in your impure soul condition that creates your attractions mostly, the attractions that are negative, I'm saying, here on Earth and in the spirit world. [00:50:38.29]

7.2. Where our heart is, is where our treasure is

So where your heart is, is where you are. Where your treasure is, is where your heart is. So what are you treasuring right now? Are you valuing your soul right now? Or are you valuing the material things right now? Are you valuing your relationships in love right now? Or are you valuing what you can get from those relationships right now? Can you see how what you're valuing in your heart what your treasure is, is where your heart will be, and where your desire will be, and therefore where the Law of Attraction will be operating. It's very important to look at that, your desires and passions and longings. [00:51:33.13]

So notice I've said under "The Law of Attraction operates on the soul condition" in the seminar outline that the soul

condition determines how the Law of Attraction operates and I'm drumming this into you. If you operate in disharmony with love, it is going to bring painful events into your life to correct you. If you operate in harmony with love, it will bring you many uplifting and joyful experiences in your life. [00:52:04.21]

7.3. Pain is an indication of a lack of love within us

So one lesson of love that we'll talk about in two weeks time is if I am in pain, then something unloving is happening. Now I'm not talking about the process of releasing emotional pain, I'm talking about the pain of what you would call suffering.



Pain is a great thing. The reason why it's a great thing is that it tells you immediately, through your Law of Attraction, that something is wrong. Pain is a very good thing. Suffering is not a good thing. How many of you enjoy suffering? How many of you even enjoy pain? But pain is actually a good thing because pain tells you when you break a law. Pain in your body tells you a law is being broken. Right now if you have pain in any part of your body, a law is being broken; a law in love is being broken if you have this pain. [00:53:09.24]

Now if it's in your lower back, it might be a Law of Love of how you view yourself, how you view yourself in a relationship. If it's in your abdomen, it might be regarding about how you fear things still. If it's in your heart it might be how you're holding on to sadness and not letting it go. They are all laws of love being broken. [00:53:29.02]

Your Law of Attraction is bringing you every pain in your body. Every single body pain, every single accident you have, every single disease you get and every single illness you have is all a result of your Law of Attraction. Every single positive experience you have, every single uplifting experience you are having, every single joyous and loving experience you are having is also all a result of your Law of Attraction. Can you see how it operates without partiality? There are good things inside of us and there are things that are evil inside of us and those good things are attracting very positive events in our Law of Attraction and the evil things are attracting very negative events in our Law of Attraction. When I say "evil", I'm saying disharmony with love. [00:54:22.15]

So if I'm in pain, that's great. Listen to your pains because your pains are telling you straight away there's something wrong. So even when I'm talking nowadays, "Ah there's a pain in my foot, what did I just say? What's going on?" Do you know what I mean? So just let yourself feel what is going on emotionally. Let yourself feel where of what's happening... which foot is it? "Left hand side, women stuff. Why am I feeling that?" Allow yourself to look at yourself in the mirror.

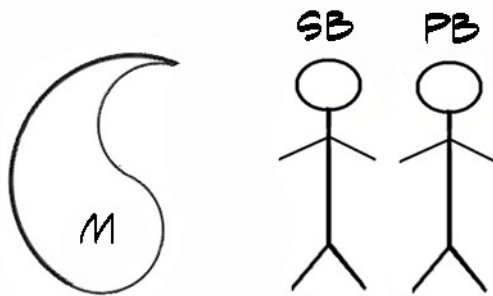
Suffering is long-term pain. That's where we haven't listened for a long time. Now that's really hard to overcome because if you haven't listened for a long time, you feel you have a very good reason for not listening for such a long time. So it's going to be very tempting for you to not listen some more. But understand that pain and suffering are telling you, through your Law of Attraction, what's going on for you. [00:55:24.12]

Now notice in the seminar outline I've said the most powerful way to change your soul condition is by receiving Divine Love. As Divine Love enters your soul, your soul changes and every single untruth within it gets exposed, and remember untruth is emotional untruth too. It will come out as emotions; not as thought but as emotion.

7.4. Our soul condition creates damage in our bodies

So are we all okay with soul condition? Most of us know this diagram; that we have a soul, we're half of the soul,

there's my physical body, and there's my spirit body.



The real us is the soul, we have a spirit body (SB) and a physical body (PB)

Now what is the real me?

Participant: The soul.

Okay and what is that again? My emotions, passions, desires, longings, beliefs, intentions, all those things that we mentioned earlier.

So if I go and get some therapy that actually deals with the spirit body, what am I ignoring? My soul. And what's my Law of Attraction operating from? The soul. So I'm not saying don't deal with the spirit body or don't deal with the material body, but the majority of us, when we deal with those two things, we ignore our soul and it's the soul's emotions that actually create all the illnesses in these bodies and all the problems with those bodies and all the attractions of those bodies. So if I'm just going to deal with these two physical and spirit bodies, all I'm dealing with is the effect of the soul's causal condition. The soul is the cause and the physical and spirit bodies are the effects. [00:57:38.19]

Now I'm saying this because in the spirit world at the moment quite a number of the spirits have come and one of their questions that's in a lot of their minds is, "Why do I look so bad?" You see on Earth many of them looked pretty good. You imagine you're quite a well off person on Earth; you can get a bit of a tummy tuck here and there, a bit of Botox on the face. You can keep yourselves looking quite good for a long time if you want and you can look in the mirror and see things are not so bad. But you could be a person who has some really terrible desires in you disharmonious with love and actually what you will look like from God's perspective is terribly emancipated, this terrible looking face that you can even barely recognise. But you could look at your spirit body in the mirror. Eventually all of us will be able to do and in fact God allows us to do this, but we've become so afraid of our spirit body because it looks so bad that we've all turned it all off. But the truth is that we can look at the spirit body and see our soul's true condition. [00:58:51.28]

Participant: It's like the movie "The Picture of Dorian Gray" where the portrait became totally emancipated.

As his soul condition changed, yes.

[7.4.1. Therapies focusing on the bodies only address the effect](#)

Participant: I understand the distinction between the physical body and the soul and spirit body, but what I don't understand is when you talk about working on the spirit body. [01:00:09.16]

Well you know when a person maybe lays you down on the table and does some chakra work for example? So whenever you're working with the chakras, you're actually working with your spirit body, not actually working with the material body. How many of you have gone along to a spiritual healer? You've gone along to a spiritual healer and they've done some things over your spirit body what they would call energy work; this is very much spirit body work. So that's what I mean by that. [01:00:36.02]

Now there's no harm in that, in that it can relieve symptoms. All of those things can relieve symptoms but your Law of Attraction is operating on your soul. You relieve the symptom and what do you think? "Oh, I've cured the problem",

but have you? No, because the soul needs to change, and this is why often we go and get some kind of remedial therapy, we feel good for a week and then what happens? The same thing happens again. How many of you have visited a chiropractor every single month for the last fifteen years? Why do we do that? Because we're getting the physical body adjusted, getting it remedied. But that's been created by the soul condition and I'm not adjusting my soul condition and so I'm needing to do it every week. Can you see the problem with this?

[7.4.2. An example of spirits with no form](#)

Participant: During the week Graham and I had hundreds and hundreds of faceless spirits come to us who have no identity. They have a difficulty with their identity and are lost or don't know not only who they are or where they are anymore but have no form.

What's actually happened with them is they've had some beliefs on Earth that they could avoid the truth and they are still in this emotional state where they feel that they can avoid truth, so they're actually avoiding seeing themselves. The truth is they do actually have form and they could actually look at themselves, but they are so afraid of doing that they don't want to do that. So they create this state where they don't even want to see themselves and it's like they're invisible even to themselves. You can do that in the spirit world. [01:02:36.19]

[7.4.3. Therapies focusing on the bodies only address the effect \(continued\)](#)

Participant: And the other thing I wanted to say is that when you go to a therapist, doesn't that in fact put your faith, if you like, in the person and the person's beliefs and things that aren't of God when we could go to God directly and that would give us a real answer and real beliefs that are true?

Yeah, true, Jenni, and a lot of times going to a therapist doesn't mean we're automatically putting faith in the therapist though. I'm not decrying you getting relief from your physical symptoms. So many of us have physical symptoms for different illnesses and so forth; get relief for them if you feel you need them but don't think you've cured them. The way to cure them is to cure the soul condition that created them. So you need to start working on the soul condition that created these conditions. [01:03:36.15]

Participant: AJ how about going to a therapist as an initial step so that you can see where you are heading, and then bringing in God?

Anything that lets you access this soul, do. So anything that you can choose to do in your life now, that is going to access your soul, access your emotions, that's going to help you open up emotionally, do it. It doesn't matter what it is, if it's going to a church, going to a therapist, going to wherever, do it because it's going to open you up at the soul level. Have that focus first. If you're going there just to feel relief from physical body or spirit body pains, if you're doing it just for that, then you're doing it with the wrong focus and it's going to be a continual thing you'll have to do over and over again because remember it's our soul condition that our Law of Attraction's operating upon. All of your physical illnesses are operating upon your soul's condition. So you can go and get relief from physical symptoms if we wish but if your desire is just to get the relief, rather than look at what soul condition created this pain, then straight away you're doing it with a motive that ignores the Law of Attraction. It's really important to see that. [01:05:03.27]

Does everyone understand though how if you focus on your soul that is your most powerful tool to actually change yourself? But if you focus on the physical body or the spirit body even, and this applies to the spirits who are here too, if you focus on those things rather than the soul, then what will happen is you're going to struggle with regard to this Law of Attraction. You're going to struggle and you'll struggle, and you'll struggle and you'll struggle and eventually you'll feel so overwhelmed by the struggle that you'll just feel like giving up. [01:05:56.21]

Now many of you are finding this intense emotional roller coaster that you've been going through since you've known me, a bit of a struggle. But it is a much, much shorter struggle than what you would have had to have done if you did it in any other way, particularly if we talk about the stuff that we'll be covering in the next sections.

Participant: AJ imagine if you were in the spirit world and you didn't even know you had a soul.

Well that's what the condition of the ones that Jenni just mentioned earlier; they don't even know they have a soul, they

don't even know they have a form and they don't know why they're where they are. It's a very, very difficult condition to get out from. It's far better to know all of this now than it is to know it much later on. [01:06:42.09]

7.5. A Law of Attraction event where AJ gets interrupted

Let's just look briefly though at the scope of the Law of Attraction.

Participant: Can I just ask you, just before we do that?

I asked the questions to be later.

Participant: It was of the soul and the spirit body...

But I did ask the questions to be later.

Participant: Oh, alright.

So what's the Law of Attraction there? I've said very plainly what I've asked for and yet I'm still getting some interruptions. What's the Law of Attraction? What's my Law of Attraction? There's something in me that gives out the feeling that I'm going to let you get away with not doing what I've asked. And there's something within you that feels like you can get away with not doing what I've asked. So look at those Law of Attractions. Sorry about that but it's just something I had to mention. [01:07:33.04]

So feel that anger now too. (AJ directs his comment to the participant who asked the question)

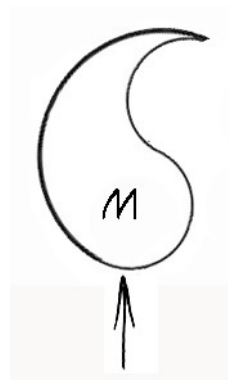
8. Other aspects of the Law of Attraction

Right in the seminar outline, you'll notice I've said "Other Law of Attraction Points to Remember". This is where I would like a bit of participation now, so don't be shy. I would like different people to just read out the one section; each one of them is indented so if you read out what each one is and we'll talk about what each one is with regard to that. Who would like to do that first? No one, because they've just got told off! (Laughter)

8.1. The Law of Attraction will operate in such a manner as to intensify the soul condition that drives it

Participant: The Law of Attraction will operate in such a manner as to intensify the soul condition that drives it. Example: if we have murderous emotions we will attract people, spirits and situations that seem to intensify those emotions until we become conscious of their existence and have a desire to experience the underlying causes. When we experience the underlying causes, the soul condition changes and the Law of Attraction operates on the new soul condition. [01:08:52.21]

So does everyone get that? So here's our soul.



Our souls have the Law of Attraction working upon it

My soul has a certain Law of Attraction operating upon it, and what that Law of Attraction is doing is it's going out to the universe and every single thing that I'm feeling is going to be attracted. Even from spirits as well. So many of you, over our discussions over the last year, have been afraid about your spirit interactions. You've been afraid about attracting spirits who are negative in your life. You've been afraid about what they might do to you. Some of you have been afraid about what they're already doing to you. But you don't need to be afraid about all of those things because the way the Law of Attraction operates on your soul condition is that it operates to intensify the emotions until you're willing to experience them. When you're willing to experience it, then you'll find your Law of Attraction will change, then another set of conditions are experienced. [01:10:06.25]

Now what happens with the spirits around you at that point is they will either leave you, if they're not attracted to you anymore, or they will change because they've noticed you've changed. But either way your life will be totally different. So, for example, many physical ailments are caused by spirit obsession. Do you know what I mean by that? What I mean is that even from a young age many of our illnesses are actually caused by an attachment with a spirit who has the illness, or who believes they have that illness. Many childhood illnesses like childhood leukaemia for example is a definite spirit attachment on that child. How do we change it? We change it, as a parent, by changing our soul condition. When we change our soul condition, our soul condition protects our child and the spirit will leave them and find somebody else perhaps, but they'll leave our child alone. [01:11:13.14]

So our soul condition attracts even spirits around us and it's all attracting it to intensify or make your emotions so strong that eventually you deal with it emotionally. That's why it happens. So every time you intellectually skip over it, what are you really doing? You're really saying, "I'm not going to deal with that emotionally," and you are actually setting up a more intense lesson probably for a later time down the track. And if you want to do that, go ahead. It's not very enjoyable though, is it? Many of you have done that in your lives haven't you and not found that very enjoyable? [01:11:58.08]

8.2. The Law of Attraction respects free will at the soul level of the individual

What's the next one? Would someone like to just read it out for me?

Participant: The Law of Attraction respects free will at the soul level of the individual. [01:13:23.23]

Yes. Now do you understand what that means? Remember this soul has its own free will and many people say to me that you know when they have a spirit attached to them, they say, "I don't want this spirit hanging around me. This spirit's bothering me. It's really causing lots of havoc in my life. I don't want this spirit." And the first thing I'll say back to them is, "Yes you do because the Law of Attraction is operating on your soul condition and your soul's free will is what's being exercised."



Our souls have free will

It's not what your intellect is saying but what your soul is saying. And so it's your soul that's saying you want this spirit with you and you want it because you're ramping up your Law of Attraction so that you deal with the emotion that this spirit with you creates. So let's say the spirit with you creates a fear-based emotion, well that's because you have fear within you about spirits that you need to let go of. Let yourself experience it emotionally and let go of it. [01:13:23.23]

Can you see how the soul condition operates upon your free will at the soul level? Not what you think you're exercising your free will to be. Because remember free will isn't about what you think, it's about what you feel, it's about what your emotional condition is, your soul condition is.

8.3. The Law of Attraction is impartial in its operation, never ceases to operate, and works on the soul condition

What's the next one? Someone like to read that one out for me? Don't be shy.

Participant: The Law of Attraction is impartial in its operation, never ceases to operate, and works on the soul condition. [01:15:35.20]

Yep. Firstly, our soul condition doesn't change whether we're asleep or awake, does it? It just is what it is. So therefore the Law of Attraction is operating upon our soul condition at every single moment. So if you change your soul condition right this moment, the very next moment you'll get a different attraction, automatically. But also the Law of Attraction is not partial. What I mean by that is; it doesn't operate on Joe Blow differently to what it operates on you, if you had the same emotion.

I was talking to my father the other day. My father has had so many accidents; you would call him accident prone. One of my uncles is even worse, you would call him the nine lives accident prone (laughter) - he's just so accident prone. Now I am not "accident prone," my soul is attracting accidents for some reason. There's an emotion inside of me that causes this attraction. The key is for me to feel the emotion and we'll talk about how to go into the emotion in a minute, but the key is for me to feel the emotion that's creating that. [01:15:35.20]

8.4. The Law of Attraction is always exact and never fails, is always accurate either in the spirit world or on Earth

What's the next point? Fire away.

Participant: The Law of Attraction is always exact and never fails, is always accurate either in the spirit world or on Earth.

Right, this is very important also to understand. Carol, two weeks ago, you didn't get three speeding fines for no reason. The Law of Attraction is accurate and just operates perfectly every single time. It's very important to understand that with all of our lives. Every single thing we're attracting right now, the Law of Attraction is accurate right down to the minute detail. Even down to stubbing your toe when you get out of bed in the morning. It's really accurate. Even down to every single cut you make on your body when you're cutting up the veggies. It's really accurate. Where it is will even be accurate, in terms of what the emotion is and what kind of thing it's related to will be accurate. Everything about it is accurate. It's exact. It's an exact science if we know what it's doing. Very important to understand. [01:16:44.19]

8.5. The Law of Attraction causes the most relative harmony to exist in any location on Earth or in the spirit world

What's the next one?

Participant: The Law of Attraction causes the most relative harmony to exist in any location on Earth or in the spirit world.

Does that make sense to everyone what the term relative harmony means? Now on Earth we don't experience a lot of relative harmony to the same degree that we would in the spirit world. Let me illustrate it in the spirit world and then you'll see how it applies on Earth. [01:17:14.17]

In the spirit world, all the people who have a certain condition of love all reside in the same place. So if you were

murderers here on Earth, and I'm not saying that you actually murdered, I mean if you had a murderous emotions in you on Earth, you'll be attracted to a place in the spirit world when you pass where all the murderous people go. So all of your neighbours will be murderers. All of your friends, if we can call them friends, will be murderers because they'll all be attracted to the same location. The reason why that is the case is that it's constructing harmony. Can you see why that's harmonious? Because obviously if there was a group of murderers with a group of people who were quite kind and considerate, what would the murderers be doing? Murdering all those people and in the end what would be left is all the murderers. So therefore it is the most harmony. [01:18:17.25]

And so this is the thing to understand about the Law of Attraction; it's always creating the most harmony. It's creating everything based upon love. And so while we sometimes think of it as not a very loving law and we often become afraid of it, it's actually creating the most harmony in our lives. It's very, very harmonious. [01:18:42.26]

8.6. The Law of Attraction causes us to go to places where our “joy” will grow greater

What's next? The Law of Attraction causes our joys to be increased and I use “joy” in quotation marks because if you “enjoy” murdering, then your Law of Attraction will cause your “joy” to be increased. You'll have more opportunities to murder. There's an example in the Padgett Messages of a lady who had this emotion overcome her. This was in the late 1800's. She had an emotion overcome her where she wanted to murder people. She felt so angry and she just wanted to murder people. She was a nurse in a hospital and she actually admitted to murdering hundreds of people in this hospital. In her entire life on Earth she never got caught, and her Law of Attraction allowed her to be in that place because it was the place that actually was most harmonious with her desire to do what she wanted to do, which was to murder and not get caught. Now of course when she passed into the spirit world she began to see her condition and she was in a terrible tortuous condition in the spirit world because of her choices. [01:19:58.27]

Can you see though the Law of Attraction will expose your joys even if your joys are disharmonious with love? So if you have a desire in you, for example, to have as much sex as possible, then what will happen, if it's a real desire within you, is your Law of Attraction will attract as much sex as possible into your life. Now of course it won't be very helpful to your soul condition. In fact it will probably make your soul condition much worse than it currently is now. [01:20:29.19]

Participant: Depends who you're having sex with.

Depends who you're having sex with! (Laughter) That's another discussion. (Laughter) I'm saying if you're having sex with lots of different people. I should clarify. Having lots of sex with one person is fantastic (laughter), but I won't go into that either (laughter). So yeah, the key thing is to focus on what is happening with the Law of Attraction, it will enhance your joys.

8.7. The Law of Attraction determines that soul conditions attract emotions and thoughts

What's next?

Participant: The Law of Attraction determines that soul conditions attract emotions and thoughts. These come from either within ourselves or from outside of ourselves. [01:22:30.12]

What I'm saying there is that sometimes you have thoughts just drop into your mind, do you notice that? Well a lot of times it's a spirit actually dropping that thought into your mind. Now why did that spirit drop that thought? That thought might be, “My kids are going to die today,” or that thought might be wanting to kill somebody. Or that thought might be, “Why don't I cut my wrists?” You know stuff that feels very foreign to you. The truth is that when we have these thoughts drop into our mind, we need to look at them because they are our Law of Attraction. There is something in that thought that dropped into our mind that was drawn to us by our own emotional or soul condition. Allow yourself to feel about it.

Now sometimes you will get so scared about some of these thoughts that you'll just want to run from them but they are very powerful ways of telling you what's going on inside of yourself that you're not aware of. So if you have a thought just drop into your mind that you want to have sex with that person and it's not your partner, allow yourself to feel about it. Allow yourself to feel. What attracted this thought into here? Let yourself feel about these things because

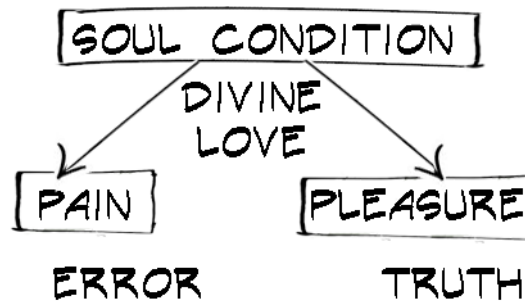
there's a soul condition that's attracting them into you. Let yourself acknowledge that. [01:23:06.16]

[9. Using the Law of Attraction to reduce pain and enhance pleasure in our lives](#)

Now I don't want to spend too much time on that section because the next section is really important because what we're interested in doing really is changing our soul condition. We want to on the one hand get rid of all the emotions that are disharmonious with love because at the soul condition, the stuff that's disharmonious with love causes all the painful experiences. So who wants to get rid of all the painful experiences out of their life? That would be fantastic, wouldn't it? On the other hand, so if we go down the way where we want to get rid of the pain, the other way is we want to enhance the pleasure, do we not? Would everyone agree with that? Okay. [01:23:50.26]

So if that's what we want to do, then we want to focus on those two facets of the Law of Attraction. We want to focus on what gets rid of the pain and we want to focus on what actually enhances the pleasure. And that's what we want to discuss now. The emotions that are disharmonious with love, the beliefs, the passions, the desires and the thoughts and the feelings, the aspirations, the intentions, that are all disharmonious with love are the things causing our pain. And all of the things that are harmonious with love, all of the thoughts and then underneath all of that, the emotions, the passions, the desires, the intentions, the aspirations that are harmonious with love, all cause the pleasure. [01:24:41.01]

Now if we enhance that even one level further, if I say all of the things harmonious with Divine Love. So pain is the disharmony with Divine Love, while harmony with Divine Love causes the bliss.



If we know that, we can start working with that on two sides and this is where we need to begin developing our soul in two areas. One area is releasing the error. So the pain is synonymous with the error and the other is accepting the truth. So I'm my soul condition contains all of these emotions, some of which are error-based emotions that are causing all of my pains, and others are pleasure-based emotions that are caused by the truth that I already know. All of us have this within us. There are truths that we have and there are errors that we have. And if I look at it from a point of view of Divine Love, then I'm looking at it from God's perspective not just from a natural love or a personal love perspective. [01:26:05.09]

[9.1. Praying for truth](#)

Now when I start developing that I realise that obviously the biggest thing that's going to affect both conditions is this thing called prayer. Remember what I'm always saying prayer is? Prayer is developing a desire or a longing within your soul for God's Love to enter you.

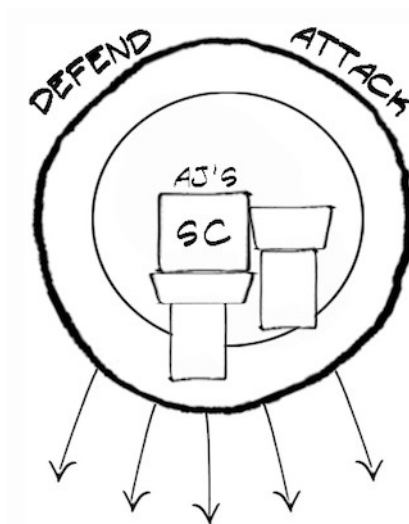
Now you can also pray to God about other things other than God's Love, just by developing a desire or longing within yourself to know about those other things. And what will be some of the things you might want to know about if you were progressing with the Law of Attraction? You might want to know, truthfully know, what are causing your pains; your physical pains and your emotional pains. And so you talk to God about that. Talk to God; be honest about your pains. Be honest about the things that are causing you pain in your life with God.

The same goes with your pleasures; talk to God about those, how you can enhance it. A lot of times we don't even know what within us created that pleasure. I've heard some people come up and say, "I've got a wonderful husband but I've got no idea how I attracted him." Well, that would be good to know why you attracted him wouldn't it, don't you think? What inside of you caused that? So this is about praying about the truth, becoming aware of what going on inside of you that created that pleasurable experience as well. Because if we want to enhance the pleasure, it's great to

know how we did that and if we want to actually remove the pain, it's great to know how we do that. This is what we need to do. [01:27:52.19]

[9.2. The illustration of building a castle around our soul condition](#)

So, if we look at it, the Law of Attraction is really great at exposing all of these different things. Now how does that work? This is me (AJ drawing on whiteboard); I'm a blockhead so I'm square (laughter). "SC" means soul condition. So this is AJ's soul condition. Now what we do with our soul condition usually is we build a great big castle around it with great big towers for protection all around our soul condition and then we put a big moat around it. Then we have all of these things around it which are all very prickly spikes around it. Can you see what we're doing? We're creating our defences for our castle. And our castle is what God doesn't want us to have, but we started creating these defences from a very, very young age. We were taught to do this usually by our parents but certainly by our environment. [01:29:14.16]



We create a castle of defences surrounding our soul condition

So our real soul condition is sitting in the middle. God wants to interact with my soul. To do that, what's God going to have to do? Barge through all these defences. So let's imagine there's this army and they're coming to attack our castle. What will you do when an army attacks you? [01:29:43.04]

Participant: Defend.

Okay, yes. So there's one thing you want to do is defend so whenever you step into defence, often you're stepping into resistance of actually the Law of Attraction working on your benefit. Can you see how often we're opposing the Law of Attraction in our own actions? [01:30:06.22]

Now what else do we normally do? So we defend the castle, what's the best form of defence?

Participant: Attack.

Yeah, we're good at that too are we not? We attack. We go on to the attack. Attack the marauding army that's coming in. [01:30:28.04]

What God's wants us to do is to actually be free to have this army just come in and invade us. But can you see emotionally that's quite a vulnerable state? How many of us want to be vulnerable? Not many initially. We're so much trying to keep everybody at a distance to keep this soul condition, to keep our emotions, to keep our self protected. We see that as our self. You can say in our soul is our real self and we're trying to protect it at all costs. But when we have that attitude, we're actually working in disharmony with the Law of Attraction because the Law of Attraction is that God doesn't want you to defend anything. God doesn't ever want you to go on the attack. Do you think love defends?

Do you think love attacks? In the end love just is, isn't it? It doesn't need to defend, it doesn't need to attack. [01:31:34.12]

So in the end we will want to stay in harmony with truth ourselves and obviously we'll want to support whatever the truth is, but we can stay firm with that without defending or going on the attack. What God wants us to do emotionally is to open up all of these barriers. So let's put it in a practical situation. [01:31:58.09]

9.2.1. The illustration of a mother-in-law

I'm married. I have a mother-in-law. How many of you are mother-in-laws? Ah, more than that. Nobody wants to own up to being a mother-in-law, why? Because she's a maligned person and she is often a maligned person and the reason why is that she's often thought of as the enemy. A man is married and every time his mother-in-law comes it always finishes up having an argument with her or his wife about something. What's happening when he argues? He's defending or going on the attack to fight for his castle, isn't he? What does God want him to do? Just let this person into his life, the Law of Attraction is operating, the Law of Attraction brought this mother-in-law into his life to actually help him access an emotion within himself, and he needs to allow that emotion to be triggered. [01:33:14.29]

So let's say the emotion is that every time she comes, she just treats him like dirt and then when she leaves he gets into his wife about, "Your mum just treats me like dirt every time she's here. I hate her." What's the emotion in him? He's got some kind of unworthiness inside of him where he's attracting somebody who wants to treat him like he's unworthy, and the mother-in-law is just fitting the bill nicely because she might have emotions of anger with men, for example. So she's angry with him and it always happens every time she comes. [01:33:51.04]

Now he could just allow her to go through all of his defences and actually trigger the soul condition, which will be some grief. She'll trigger some grief about how he's feeling about himself and he could just cry in front of her, which is probably the opposite thing that he wants to do, right? What does he want to do instead? Yell and scream and get her to go, but if he did the opposite to that, he would probably connect with a causal emotion regarding his own mother and he'd probably release that. And if he released that, he would no longer even attract her doing it. And she might be exactly the same person and she might have exactly the same anger emotionally within her, but because his soul condition has changed, she will never treat him the same way again. And so then the mother-in-law will be a nice person to him instead of being what he's afraid of. He's afraid of dealing with his own emotion of grief and she is the perfect trigger for that thing. [01:35:05.16]

Now of course I'm not justifying her emotions. Her emotions are probably one of anger with men and if she allows his anger to trigger her, she might deal with her emotion too. Can you see how the Law of Attraction is operating for both of them? To help each of them deal with what's going on. Very important to understand. [01:35:33.06]

9.3. Different ways to respond to Law of Attraction events that trigger painful emotions

So, what do you do when your castle is attacked?

Participant: Drop the drawbridge.

Drop the drawbridge. Open it up, let it all go. This is what we finish up doing. The first thing we do generally is we resonate with what's going on. So in the example with the man with the mother-in-law, the mother-in-law comes and treats him like he's a bastard because she has the emotion in her that men are bastards. So she treats him in that manner and if he didn't have the emotion in himself that something about himself is bad, he would never resonate with it, and if he didn't resonate with it, he wouldn't even feel anything. He'd just feel love for her. He'd say, "Ah, there she goes again, treating men like bastards. But it doesn't worry me, I'm not a bastard." (Laughter)

9.3.1. Resonance and projection

Now it can only be an emotion inside of himself that starts resonating with him, doesn't it? And this is what happens to us all. If the emotion is in us, it resonates; it's like an opera singer when they sing a high note and the window panes or something vibrate or the glasses explode, you've heard of that? That's called resonant frequency, and you can think of it as if every emotion within you has a resonant frequency with a sympathetic emotion outside of you. And when that sympathetic emotion outside of you is attracted to you through the Law of Attraction, this resonant thing goes off

inside of you and you respond.

- 1) RESONATE
- 2) PROJECTION
 - i) ANGER
 - ii) WITHDRAW
 - iii) "LOVE IT AWAY"

So what do you do then? Well generally what we do is we step into projection. And the way we project generally is we go into anger, or we withdraw, or we "love it away". Every one of those is an avoidance. We can blame, and there are many others by the way; I've only listed three very popular ones. The most popular two are generally anger and withdraw. Now I classify anger as annoyance, mild annoyance, a little bit frustrated; these are all anger-based responses. So that's all in anger. Withdrawal is, "I've gone quiet now, I'm stepping back from this transaction; I don't want to be involved in this transaction." That's withdrawal. [01:38:54.17]

The problem with these steps that we take is that we are now out of living in the power of the Law of Attraction. If the Law of Attraction is operating to bring this event into my life and I'm resonating with it, it's great. I'm resonating with it so I'm now in this state where I'm now conscious of something inside of me is that's in disharmony with love. I'm resonating with it; that's fantastic. What's your next choice? That's the key. Most of the time our next choice is to go into projection; into actually rejecting what the Law of Attraction is bringing to me. That's our next choice. Do you want to keep making that choice? You see, if you keep making that choice, this resonance is going to have to happen again, and again, and again, and again until we stop making that choice and we get into a non-projecting way, which is actually a feeling way, where I'm accepting my own emotions. [01:39:59.15] Now anger and withdrawal are really good keys to you. They're telling you I'm angry; I'm no longer respecting my own Law of Attraction. I'm no longer listening to God; I am no longer listening to the messenger of truth, as soon as I'm in that state. As soon as I'm in that state, I'm no longer listening anymore. As soon as I'm in a withdraw state, I'm no longer listening anymore to my Law of Attraction.

Now what's the "love it away" state? This is like the state where somebody starts crying around you, so what you do is you run up to them and give them a hug, "There you go, it's not that bad." What are you doing? They've just resonated, they're in their emotion and what are you trying to do? You're trying to suppress it. Why are you trying to suppress it? Because there's an emotion in you that's resonating with their resonant emotion. If they're crying, you're feeling some grief you do not want to feel and you're trying to calm them down, you're trying to love them away and it's not loving. It's in fact the opposite of love. It's actually very harmful and damaging because you're making out to yourself that it's love. It's an even more damaging thing; it's better to just see it as, "I'm just trying to calm them down," than it is to see it as loving because it's not loving. [01:41:25.12]

There are lots of other projection types of emotions, we use blame, judgement and so forth. All these other projection style emotions we continue to use because we feel the resonance and then we get frightened and when we get frightened, what do we do? We then step away from actually feeling the emotion and we go into this place where we want to make everybody else around me to blame for the emotion. Right at the start what did we say the Law of Attraction was? We are getting what we really want. Right at that moment I am getting what I really want. What I really need at the soul level is coming to me at that moment and I need to let it happen. I need to actually allow the trigger to occur. [01:42:19.09]

So there are so many emotions that you'll feel in this projection phase: anger, blame, frustration, guilt. A lot of these different emotions are actually your avoidance of the underlying causal emotion. So when I say the causal emotion, that's the emotion that's causing the attraction. [01:42:41.03]

[9.3.2. Allowing the casual emotion](#)

So when we talk about causal emotions, we are talking about the emotions that actually cause the attraction. So say we have an event which triggers us emotionally. So I might be driving along the road, I've used this example hundreds of

times; somebody cuts us off, trigger emotion? Fear. Trigger emotion into anger. When I'm in anger what did I just do? I just skipped through the resonance and I'm now in the projection and the denial, and that can happen in one second. How many times has that happened to you in one second? You haven't even been conscious of all of that going on in your soul. Your soul is so fast at processing everything, a lot of times you don't even know it's happened by the time it's happened. [01:43:35.21]

Now when we get these triggers, allow them to actually affect you emotionally. Stop intellectualising them away, stop avoiding them and allow yourself to feel them. So let's say the trigger is that a man treated me like I was unworthy to be heard. So that's my trigger; that's the trigger from an emotion that's inside of me of unworthy to be heard by a man.

TRIGGER
↓
UNWORTHY TO BE
HEARD BY A MAN

If it's a woman then the emotion is feeling unworthy to be heard by a woman. So allow yourself to feel that emotion, then step into that emotion. I'm stepping into that emotion and now I'm starting to feel some feelings from my childhood where my father or a major male in my life constantly projected that at me where I was unworthy to be heard because I was a girl. [01:44:48.07]

Now I'm feeling my causal emotions. So my trigger exposes the emotion and I can step into that emotion and start feeling it. As a result of that I can take the next step, which is always related to somewhere in my childhood generally, where I can feel the actual causal emotion, and it's the causal emotion that caused the attraction. So if I release the causal emotion, what will happen to my future attractions? They will just disappear. That's how you make them disappear. [01:45:33.16]

[9.3.3. Examining personal reasoning](#)

One thing I need to say. Under that section “When the Law of Attraction events happen” in the seminar outline, I say, “Look at your personal reasoning.” If you're saying to yourself, and many of you have done this with me in your private discussions, “He did that to me,” or, “She did that to me,” or, “This happened to me,” you are actually not respecting the Law of Attraction. If you respect the Law of Attraction, your own internal feelings will be, “I attracted this event.” You will always go there. So you won't say, “He's was a bastard. He did that to me and he did this to me and he did that to me.” You won't be saying those things anymore because you'll instead be saying, “I attracted a man into my life who did this to me. I attracted a man into my life who did that to me. What inside of me caused that attraction?” That's what you'll start saying, and that's a very powerful place to be because who is the only person you can change? Yourself and when you change yourself, ironically people around you start changing too and that's because your Law of Attraction changes when you change yourself and your change in your soul condition; that's when your Law of Attraction changes. [01:47:08.15]

[9.4. Using the Law of Attraction to explore positive emotions](#)

Now you can also use this law in a very positive way. So I've talked so far in how to use it in a negative way. When I say negative, how to actually explore your painful emotions. It's the painful emotions that often cause us to not be in bliss or in happiness, so you can use the Law of Attraction to explore your painful emotions in that way. How can you use your Law of Attraction to explore your pleasurable emotions? And that's what the last section is that I want to focus on.

You've all heard the statement; I think they said it in “The Secret”, that you are the creator of your own destiny. That is a truth. That is actually a Divine Truth, but it's your soul condition that creates your destiny. So if you change your soul condition, you are changing all the future events. It's like dropping a pebble in a pond; you know when you drop the pebble in the pond, the pebble just doesn't hit the water and then go to the ground and nothing else happens, does it?

What happens is you get these ripples going out right to the edge of the pond. The pebble might have only been tiny and yet the ripples are felt right at the edge. And it's the same with your life; every single tiny thing that you change in your life at the soul level is like a new pebble being dropped into the pond and your whole attraction will change as a result of that, everything will change if you allow. But these are not intellectual pebbles; these are feelings, passions, desires. So how do we develop it? [01:48:54.20]

9.4.1. Develop or grow soul desires harmonious with love and truth

Well step one is to develop or grow your soul desires harmonious with love. Now in "The Secret" they suggest that it's the process of "asking". It's a quote from what I said in the first century and that is, "If you ask, you shall receive." But you see, again, most people don't understand that. It is what you ask for at the soul level. So it's the soul condition that's asking. So if I can be more specific and say it's actually developing and growing your soul desires, that is causing the asking. [01:50:01.01]

Now you can develop or grow your soul desires in a completely negative way. You can develop your soul desires to become a murderer and really become quite good at it. There have been people in history that have done that and they've murdered millions of people as a result of their desire. That's not what I'm suggesting because that's not going to bring you happiness. What's going to bring you happiness is when you grow the soul desires that are harmonious with love and if we want to be even more expressive, the ones that are harmonious with Divine Love are going to be even greater in their power and their blessings and their bliss than the ones in harmony with natural love. So you can develop your desires there. That's step one. [01:50:50.13]

So is a desire to have a good relationship with your partner harmonious with love and desire? Well it could be. It might not be because you might do it using methods that are untruthful. So I'm not suggesting you do that either. In other words you might not tell your partner the truth and that's how you have a good relationship because he's only hearing good things about himself and he never hears anything about himself that exposes his error. So I'm not suggesting that either. I'm suggesting that the stuff that's going to bring you the most bliss in your life is when you are going to do this harmonious with love and truth, and it's the truth that most of us have problems with, isn't it? We're happy when we think about love. When you think about truth, we often become quite unhappy because often we don't even know what the truth is or we do know what the truth is but we're afraid to say it. But honestly if you develop and grow the soul desires harmonious with those things, what will happen is your life will change very rapidly to becoming a blissful and happy life. You'll go through lots of emotions in the process, very rapidly, if you do that. [01:52:14.04]

9.4.2. Have faith

What's the next step? Step 2, let's just call it, is to have faith that it's going to happen; trust that it's going to happen. Have faith. Having faith is very interesting. You can create faith as well by the way. Let me put it in a probably really crass illustration. Let's say for a moment some of you guys here, how many of you would love to have a sports car in your life? A few of you, yes. I was one of those by the way, I did have one; this is why it appeals to me. Imagine for a moment that you'd like to get a new Lamborghini Gallardo; does anybody know what that looks like? Imagine that. Now I'm not suggesting that's harmonious with Divine Love because the truth is it isn't harmonious with Divine Love. A car pollutes so straight away it's not harmonious with Divine Love but anyway let's say it's harmonious with my desire and I can use my Law of Attraction in this manner. So I desire this vehicle. How can I build my desire? Well I could actually start thinking about myself driving the car. I could even more powerfully go to a place where I could test drive the car and actually sit in the car. Can you see how the more emotional things I do, the greater my desire is going to become?

Now, let's look at some desires harmonious with love. I know many of you are thinking you want to teach these truths to others. So many of you are afraid of that but if you exercise your desire harmonious with love, you probably will want to teach. So start picturing yourself teaching for a moment and allow yourself to work through some of those emotions that cause you to feel afraid of that. Then actually put yourself in a position where you get ten people in front of yourself and you just start telling them the truths and see what happens. Let the Law of Attraction bring you and refine you in this manner to actually grow this desire. Allow yourself to follow that. [01:54:36.29]

Another desire you might have might be to actually create an environment where people can come to deal with their emotions. So start growing that desire. You might not have any money to do it and the truth is you don't need any

because God's Laws don't operate around money. Do we get that? What's money? A piece of paper that man's created for man's economic system. God's Laws don't operate around them so the truth is that if you have a soul desire to do something, you don't need money to begin it. You just need the desire and when the desire comes, everything else that you need will also come, and if money is one of those things you need, that will also come. This is how faith works. Have faith that this is going to occur. [01:55:27.11]

9.4.3. Develop emotional openness to receive

But the third thing you need to do is, and that's the same as what "The Secret" says, is to allow yourself to receive. You know one of the biggest problems that we have is that we ask for something, we feel like we believe we're going to get it, the very next day it's offered to us in a completely foreign form that we would ever normally allow ourselves to receive, and so what do we do? We reject it and God just went, "Doesn't she know that I've given her everything she wants right now?" And yet often this is what happens and the reason why, is often what God gives us is not in the guise, in the outward appearance, of what we think it should be.

So you may be asking for some truth and you may think you're going to get it from me, but in reality, tomorrow your three old child may give you that truth. But because it's not coming from the person you wanted it to come from, what might you do? Reject it and that's really sad. You see if we're humble what we'll do is we'll receive the truth in whatever guise it comes. So allow yourself to get into a condition where you are willing to receive. Now that takes working through a lot of emotions of unworthiness. Can you see that every emotion of unworthiness I have inside of me is going to affect my ability to receive something that is good, including love and also many other things? So I need to work through those emotions. But if we do these three things and we operate upon our soul condition, then everything will work in a manner that's in harmony with our soul condition getting closer to God.

So hopefully from this discussion now everyone understands how you can use the Law of Attraction. So what we'll do after this is we'll have personal discussions. You can raise personal issues and questions in your own life about your own Law of Attraction issues and we can talk about what's actually happening. Some of you may like to come and sit up with me in the hot seat and maybe explain some of your Law of Attraction events and how you might have questions about them or something like that and we can talk about them more thoroughly. Does that sound alright? Good. Thanks for your time.

The Law of Attraction: Part 2

10. Examples of Law of Attraction events from the audience

Now's the time for our personal questions and chats. (Laughter) (AJ pats the chair next to him) [00:11:37.24]

Participant: Up there? Okay I'll come up there.

Hey. This is Rayah by the way. Hello everyone.

10.1. An example of having resistance to the material being presented

Participant: Hello everyone. When we first started today, not only myself but quite a few different people got really, really sleepy and were getting pulled out of our bodies and nodding off and I must have yawned fifty times and I would like to know what was happening other than, you know, resistance, or whatever?

Other than resistance?

Participant: Other than resistance, but why are...?

So you don't really want to know what's happening?

Participant: Yeah I do (laughter). I really, really do.

No worries. What was happening was resistance.

Participant: Okay.

What's happening is that when we are in a state emotionally where we want to resist certain information, because at the soul level we feel we're not ready to actually deal with it. Of course we are ready - if we're hearing the information we're already ready. But because there's a resistance emotionally, what's actually happening inside of us is we go into these states and spirits who will be in the same state will connect with us and they'll also help us to go into the same state. This is why sometimes you go into out of body, or you feel tired, or almost sleepy or you nod off and all of those kinds of things. If there are subjects that you nod off with, they are definite Law of Attraction things you need to look at seriously. So there is a strong resistance in you to look at your own Law of Attraction and deal with that emotionally. So the key for you now is to say, "Right, that's a truth." It doesn't mean you have to change it, but that is a truth, at least let yourself feel that truth. [00:13:25.06]

10.1.1. Using a tennis racket and pillow to express anger

Participant: Yes. I'm very aware of that. Also I wanted to tell you that I've found a great tool, because I went to the movie "Slumdog Millionaire", which triggered me like crazy. I had to leave in the middle of the movie it was so intense. It's about the children in the slums in Mumbai and they were victims, and they were abandoned. It was like all of my issues were in the movie and it was so intense and the sound was so loud and I just had to leave the theatre. So for a couple of days the rage is coming out and we got into a big process and a lot of things happened. I was cooking, but I didn't want to be cooking, and so I'm hammering the spoon on the pan and I'm brutalising our meal... [00:14:16.01]

Cooking with a lot of love. (Laughter)

Participant: No, not at all, and it tasted awful might I add. But what happened was, I realised that I could feel it, it was like right there and I didn't know what to do with it. So the next morning I woke up and the message was that I needed to go and get a tennis racquet. So I went to a second hand shop and I found a squash racquet and I've got that puppy sitting right there because I am ready now. [00:14:50.01]

So if you had the tennis racquet right there, it would have been great to get going.

Participant: I didn't know what to do with it.

Just don't belt hit him over the head with it. (Pointing to her partner)

Participant: I wouldn't, no. No, he was watching and then we processed all the next day. But anyway I have a squash racquet now so I want to tell you that that's a good tool for people who live in apartments and can't go out beating on your shed, you know like this guy does. Get a tennis racquet. And you can use it on a pillow and it's quite effective.

And you can beat the hell out of a pillow without breaking anything.

Participant: It doesn't break yeah. So anyway, that's it.

10.1.2. Tiredness and boredom indicate there is resistance

I'm impressed, the anger's going, and that's good. Just one thing I'd like to say from what Rayah was mentioning, and that is that resistance is a big issue. If you find yourself getting tired, that's a big indication that there is resistance. Tiredness and boredom cover huge emotions. Huge emotions. So oftentimes a lot of times what we do is teach ourselves at the soul level how to shut it down. There will be certain subjects that you find really fascinating. I've noticed as an audience that you all really perk up when we start talking about spirits, whereas when we talk about emotions, you all get quite depressed. So what's going on there is that the spirit discussion is an external truth discussion that you're attracted to, but you're still feeling resistive to the internal truth discussion. As an audience I mean, not all of the people in the audience.

So what that means then is that there is resistance inside of you about going into the emotional things still. So let yourself acknowledge the resistance. Remember the way an emotion flows is truth will open new emotion. So I am tired because I want to be tired. So don't say, "Oh I mysteriously go tired." You're tired because you want to be. You want to be tired because it detunes you emotionally from going into some things emotionally, feeling some things emotionally. [00:16:58.26]

One of the things that I've noticed emotionally, as an audience, is this resistance to personal responsibility and any time I raise issues regarding personal responsibility. So remember our Law of Compensation discussion that we had a few months ago, "God's Laws - Law of Compensation, Repentance & Divine Forgiveness". Many of you became quite low during that discussion and that's because there's personal responsibility involved in the Law of Compensation that you don't want to hear about. So allow yourself to acknowledge those things. At least acknowledge them. When you start acknowledging them, emotions start to flow. We often don't use anger but we often use more manageable aspects of resistance, and one of them is boredom. "I'm bored now. Can we get on to another subject, I'm bored with this one," that kind of thing. That's an avoidance, and if I'm also saying things like, "This is really tiring can't we talk about something else?" as soon as we go down that road, it means that I'm not really tired because if I were really tired what would I be doing? [00:18:08.03]

Participant: Sleeping.

Yeah, that's right, you'd be sleeping. And if you're not sleeping right at that moment and you're saying you're tired, it's because you're not interested in that particular subject. You're better off walking out and going home really than staying in many cases. I won't be offended.

10.2. An example of a lady having difficulty sleeping

Karen do you mind if you mention some of your Law of Attraction stuff that we talked about earlier?

Participant: Can I ask questions too?

Sure you can ask questions too.

Participant: Hopefully these questions will be short.

It doesn't matter how long they are, we've got two hours. [00:18:50.24]

Participant: One is, is having trouble sleeping because you want to be tired or is that a different thing?

So the question is you're having trouble sleeping.

Participant: Yes. Is that because I want to be tired?

What do you think?

Participant: I don't want to be tired. I hate being tired.

What don't you like about sleeping?

Participant: I want to sleep so that I'm not tired.

But you see this is an untruth. The Law of Attraction is telling you the truth. The Law of Attraction is you're not sleeping. So the truth is you don't want to be sleeping. Do you see what I'm saying? This Law of Attraction is I'm not sleeping so the Law of Attraction is telling you the truth: "I do not want to sleep". Now say that's the truth: "I do not want to sleep". Say that for me. [00:19:42.19]

Participant: I do not want to sleep.

Say it again. You've got to feel this.

Participant: I do not want to sleep.

Now ask, why don't I want to sleep?

Participant: Why don't I want to sleep?

What's the feeling that comes up straight away. Why don't you want to sleep? I can tell you what I'm feeling from you when you just asked that question. [00:20:12.19]

Participant: I don't know, I really don't know. I think it's wonderful to be asleep because I'm in that "Through the Mists" sleep space.

Yeah but what's happened there is you've skipped over the emotion that's driving you to not sleep. You're still telling yourself the untruth, you're still saying, "I do want to sleep." Can you see how intellectually I can say, "I do not want to sleep," but if you feel like "You do want to sleep," even though you're not sleeping, then straight away there's disharmony there, do you follow me? The disharmony is; the Law of Attraction's telling me the truth. The truth is I do not want to sleep. You're saying, "But I do want to sleep, but I do want to sleep," and I'm saying, "Sorry you don't want to sleep." So why don't you want to sleep? [00:21:03.22]

Participant: I don't know.

That's okay, that's a truth. You don't know. If you had a gut feeling though what do you think it might be about? Just imagine for a moment you don't want to sleep, laying there, not getting to sleep, it's quite annoying and frustrating but it's something about sleep. If you go to sleep what might happen? [00:21:27.23]

Participant: I'm scared of who I'll meet in my sleep state?

She asked that question but see that what came into her mind from her soul. So go with that now. Who might you meet in your sleep state? [00:21:50.26]

Participant: Well, Anna said I met you...

Who are the people who've passed that you've felt you've dealt with the emotions about, but you know now that you haven't?

Participant: My husband and my father.

And what did they do in their lives when you were younger, not now, but when you were younger? What kind of treatment did you get from these ones? [00:22:14.13]

Participant: From my father, I don't remember being harmed by him physically or mentally at all.

He was an angry man wasn't he?

Participant: He was a very angry man and I was very frightened of his anger. I have known for a long time that it has deeply affected a lot of things in my life. [00:22:38.27]

Okay. Now what about your husband?

Participant: He was a very peaceful, loving man and he put me on a pedestal. But more lately, when I'm asking myself questions about sexuality, I'm thinking there are things there that he did wrong that he is not wanting to acknowledge.

Okay, so we've got two issues, both to do with men, both probably related to your sleep state experiences, which cause you to feel like you do not want to sleep. One is the feeling to do with sexual shame and guilt perhaps? And sexual manipulation. And the other is a feeling of fear of being controlled and manipulated by a man in the fear state. And probably what's happening, because of that Law of Attraction, in your sleep state you're attracting these two men to you, to deal with those emotions and you're quite afraid of that, and so you don't want to go to sleep. So if you actually start dealing with those emotions in the awake state, you'll find you'll go to sleep quite peacefully. [00:23:42.05]

Participant: Thank you.

See how it goes. Is that the only question?

Participant: No.

She's got a list!

[10.3. An example of getting assistance from a medium to access emotions](#)

Participant: No there's only the second one. Before you were talking about the soul, and the physical body and the spirit body and how we can do things with our spirit body to make us feel better. Well, what I want to know is, I've got a friend who is pigging out on Divine Love at the moment. [00:24:11.04]

Yes, so she's enjoying herself.

Participant: She's having a great time and it's wonderful. A few months ago shortly after this started for her, she was saying that she really started feeling terribly emotional after she saw this lady who channels natural love spirits. And after she saw her, she started having a lot of the emotions. [00:24:34.25]

And I said, "I need to do that because I need to find some way to start my emotions, so maybe I'll see this lady." And I could feel a lot of fear and anxiety because I thought this might not be right and it might be right. In the end I just went for it and thought God will look after me if I'm wrong, She'll tell me soon enough. And so I went to see her and I said, "All I want is for you to help me feel my emotions. This is how I feel I'll get to closer to God and I want you to help with that." She said, "Okay, alright." Because she's full of love. [00:25:03.04]

She was open to that.

Participant: Yeah. And so with this humming stuff and hand stuff she said, "Is there something wrong with bits of my body?" And I said, "No I don't care about those. I just want to feel my emotions." And she said all these spirits were telling her stuff about me. So anyway so she did this and then said, "Wait for three days." and absolutely nothing happened. [00:25:37.00]

Well let me explain firstly why something happened for the other lady, your friend. When your friend went along to this medium what actually happened is this. Around the medium or around the psychic there are literally hundreds and hundreds of spirits all the time and many of them are constantly wanting to contact humans. They often misrepresent themselves in the process as well because they have emotions that they need to speak; they need to talk openly and so forth. So what they do is they surround the medium and that's the medium's Law of Attraction. The Law of Attraction of the medium is that she's attracting all of these spirits around her and what happened when your friend went along to this medium is that your friend actually attracted some of these spirits who had sympathetic emotions. And remember in the earlier talk that I just gave I said the spirits are attracted to you to make more your own experience more sensitive or more intense, to actually help you deal with your emotions. What happened with your friend is that she allowed herself to feel that higher intensity of emotion and got into the emotion. But your intention, even though you think your intention is to feel your emotions, at the moment your actual emotional intention is to not experience your emotions because the Law of Attraction tells me this. [00:26:56.24]

[10.3.1. Working through emotional blocks](#)

If you're not experiencing your emotion right now, then your Law of Attraction is, "I do not want to experience my emotions." It's quite simple. You can tell yourself anything else you want but your Law of Attraction is telling you the truth. If you are not experiencing your emotion right now it's because you do not want to. So you are better off saying, "I do not want to experience my emotion right now." And then ask the question, "Why? What am I afraid of?" And you will actually start accessing your blockages. And remember we had a discussion earlier today and I was talking to you about your blockages about your emotion. So the truth is at the moment you do not want to experience your emotions or your emotions are actually blocked by the blockages, which are stronger than the desire to feel the emotion. So while you do have a desire that's growing to experience your emotions, you've got these other emotions inside of your soul which we call blockages which are much more intense and stronger and you'll need to firstly deal with those. [00:28:16.06]

Participant: Which you do with your mind?

No, you need to experience them emotionally. So one of the emotions we talked about earlier is you feel that God is an angry God. It comes from your dad being an angry dad. Now one thing that's happened with Karen's dad is that her dad became more repentant about his actions during his later life so then she feels like she can't blame him for being angry anymore even though the feeling is still within her that she had an angry dad. So that blockage which is, "I'm not allowed to judge my father as angry." That blockage is actually preventing the experience of how that anger felt for you when you were little. So it's the blockage that needs to be addressed firstly before the emotion can be addressed. But again, the Law of Attraction is telling you. If you are not right now experiencing the emotion, then when you say to yourself, "I really want to feel my emotions," you are telling yourself a lie. And it's really important to understand that. [00:29:21.29]

Participant: And so I pray to God every waking moment saying, "Help me soften up the blocks," and again that's not saying the right things?

Well, no, look at your desire again. Do you really want to feel the blocks?

[10.3.2. Working through fear and terror-based blocks](#)

You see a lot of the blocks are quite intense. When I say the blocks being intense emotionally, a lot of our blockages are fear-based or terror-based blockages. Now terror and fear-based emotions are some of the most difficult emotions to actually allow yourself to experience because you go shaking and you go into all these different things. Some of you have already experienced this, where what starts to happen in your mind is you start to freak out, "What's happening to

me?" You start really, really worrying about your own sanity, you start worrying about what's going on physically, you start thinking something's going to happen to you and so there's so much resistance to even experiencing the fear, and we need to allow ourselves to experience the fear because the fear is a block to actually experiencing the underlying emotions.

Now many of us have very deep childhood terror-based fears. Well you imagine what it's like being a three year old child getting yelled and screamed at by this adult that's like three times the size of you. That's pretty intense as an experience, isn't it? Now if you place yourself there in your imagination, you will understand why you're afraid. That fear is within most of us. And some of you are already now, while I'm talking about it, feeling it.

Now you imagine also let's say you've been abused either physically or emotionally or sexually. Now imagine you've been abused physically. How much desire is there going to be within you to not deal with that? There's going to be a huge amount of fear and terror-based emotions about that. How many of you really want to feel that? You see to get through it, you're going to need to feel it and allow the experience, and pray to God through the experience. It will happen quite rapidly if you pray to God through the experience. But the problem is that we're just so blocked about it because we don't even want to open that part of us up, and the problem is that while I'm in that state where I want to keep that part of me closed, God can't get to that part of me either. [00:31:57.02]

[10.3.3. God only responds to truthful prayers](#)

Participant: So it's only useful to pray to God when you're feeling very emotional?

I would say that it's not so much being very emotional. It's only useful to pray to God truth. God doesn't listen to error. So if I'm saying to God, "I really want to feel my emotions," when there's an emotion in me saying, "No you don't, no you don't," what will I need to be praying about? Pray to God about I really don't want to feel my emotions; talk to God about that. The truth of what you're feeling, not what you think you should be feeling. [00:32:36.01]

You see many of us pray to God about what we think we should be feeling rather than what we're actually feeling. And what we need to learn to do with God is to always talk to God about what we are actually feeling. So if my Law of Attraction's telling me the truth and I'm not feeling my emotion, my Law of Attraction is telling me I do not want to feel my emotion. So I talk to God about I do not want to feel my emotion. "I am quite angry with you God for making me feel my emotions. All of my emotions are negative and I'm sick to death of having to feel my emotions when they are negative. I only want to feel good emotions; I don't want to feel bad emotions." So say all of these things to God because that's what you're feeling. So say them and ironically when you start saying truth to God, that's when you'll start feeling the emotions. Is that the only two questions? [00:33:28.08]

Participant: Well I can keep thinking of more.

(Laughing) Give someone else a go.

Participant: Thank you.

Thanks, Karen.

[10.4. An example of a lady holding on to her emotions](#)

Who else would like to come up?

Participant: AJ, I don't need to come up.

Yeah, you do. (Laughter)

Participant: The only thing I wanted to ask you was how do we differentiate between our soul and our spiritual body when we're trying to resolve things? [00:34:01.01]

Why are you trying to differentiate between your soul and your spirit body when you're trying to resolve things?

Participant: Because I'm confused.

So what's the feeling or the emotion you need to feel? What did you just say you were?

Participant: Confused.

So what's the feeling or emotion you need to feel? [00:34:20.17]

Participant: I need to feel confident?

No, you need to feel confused.

Participant: (Laughter) Well I am confused.

Great, that's great. So start feeling it. So what are you confused about? Tell me what you're confused about. [00:34:32.03]

Participant: How to resolve issues that I want to be free of.

That you want to be free of?

Participant: Yes.

So do you want to be free of them?

Participant: Yes.

No.

Participant: Yes, I do.

No. Your Law of Attraction is this. If you are not already free of an emotion, you do not right now want to be free of it. Does everyone understand? Stay with me on this one. You need to stay with me on this one. Does everyone understand what I'm saying? If you're not right now free of the emotion, then the truth is you do not want to be free of it. Now why wouldn't I want to be free of an emotion? Because it might be a painful experience feeling the emotions. What else?

Participant: There's a bigger emotional investment in staying still than there is from actually changing.

Yes I might be afraid of change. What else?

Participant: Getting mileage out of it?

You might be getting mileage out of it. There might be a good reason for holding on to it. You know people pander to you while you're holding on to this emotion. So that could be a reason why I'm holding on to the emotion and I could be choosing to hold on to it for that reason. Any other reasons you can think of why you would choose to hold on to an emotion? [00:35:54.28]

Participant: I want to still feel bad.

I want to feel bad because it's the only thing I've ever felt, right? I don't know what it's like to feel good. Any other reasons? [00:36:04.29]

Participant: Fear of what is under the emotion.

Fear of what's the deeper emotion. It might be a capping emotion then underneath that there might be Pandora's Box. Nobody wants to go there; open that one and everything springs out then. How many of you feel that? You're afraid once you start this, everything's going to come out and that's a major, major, major problem, isn't it? That means everything's going to come out at work. You know if you're going to school as a child, at school everything will come

out and there would be so much judgement. How many of you are afraid of judgement? Yeah, okay. So there are lots of good reasons why you might not really want to feel the emotion. [00:36:46.19]

So when you say to yourself, "I really want to feel the emotion," (and I'm going to recommend this as a general practice for everyone) the question you need to ask yourself is, "Am I feeling it right now?" Because if I am not feeling it right now, what does it mean? It means that I do not want to feel it right now, and this is why you didn't want to come up. Because you didn't want to feel your emotions in front of everyone and it's great you now are. [00:37:25.25]

Participant: Yeah. Thank you.

Come up here and join us. Very brave people come into the hot seat. We must give everyone a clap who's already come to the hot seat.

[10.5. An example of a man getting a splinter in his left thumb](#)

Participant: Last Wednesday night I watched the October DVDs, which are mainly about Cornelius telling his life story from the first century ("20081011 General Discussion - Interview With Cornelius"), and I cried quite a bit. When I took the CD out of the CD player I got a splinter in my left thumb.

A glass splinter from the CD?

Participant: Off the CD. I think some of you are wondering what this might be about and I'm not quite sure either.

So the splinter is in your left hand.

Participant: Right here, see where it is. I cried when Cornelius said he looked into your eyes and dropped the hammer to drive the nails into your hand, and I looked into the mirror on Friday morning and just burst into tears, thinking I'm crying about myself. [00:38:53.18]

You are.

Participant: Not looking into your eyes.

Because remember everything you resonate with is something going on inside of you anyway. So this is why it's so lovely when people tell you an experience, if you resonate with it if you go into that emotion, it's pretty powerful because it's your emotion. One other thing that I'd like to mention is the splinter on the left hand thumb. [00:39:18.05]

Participant: Yes.

Left hand, female issues. Thumb is usually your worthiness issue. So it's to do with unworthiness with women. And some of your crying is actually probably to do with that too if you allow yourself to feel about that. So it was a good Law of Attraction then? [00:39:41.15]

Participant: Yeah, it was.

So rather than cursing the manufacturer you've got to thank them. (Laughter)

Participant: I think there was definitely the self worth and then the crying when I looked into the mirror had to do with what I call cyclic self blame, going around and around to get away from myself. And I looked in the mirror and I felt that I could love myself and I could feel it in me.

Awesome. So you had a feeling that you could love yourself?

Participant: No that I could love myself. The tears were about my loss about not loving myself.

Yeah, awesome that's exactly right. Well done. [00:40:33.08]

Is everyone enjoying this?

Participant: Yes!

Feeling a bit brighter?

Participant: Yes.

Yes, it's great focussing on other people's problems. (Laughter). And that's one thing I'd like to bring up with you later in "Lessons of Love", is that quite often other people's issues are so easy to focus on but our own are really, really difficult. And the key is to have a look at that emotionally; what's going on inside of you emotionally with that and why you find that so much easier.

10.6. An example of a couple having problems with their sex life

So Jen's going to help you focus on her emotions. [00:41:06.05]

Participant: What I want to talk about is really personal to both Graham, my partner, and I. It has to do with my whole journey being a sexually abused person and in my Law of Attraction with Graham; we are having troubles in our sex life. I've attracted in Graham, a really warm and loving man but, in many senses, it seems like he doesn't desire me. So I'm having the trouble, which is why I've decided to come up and talk about it.

So your trouble is that you feel a real deep sadness about not being desired sexually?

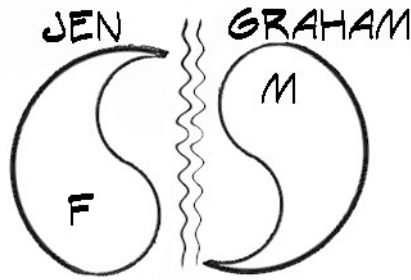
Participant: I feel Graham is my soulmate and I feel deep love for him and I'm growing in a sense of love for myself in order to heal from what seems like a whole lifetime of sexual misadventure (and that's probably a nice way of putting it). And in my relationship with Graham I've had the opportunity to grow in ways that I know could not have been achieved any other way and when I've gone to leave him, God's intervened and given me revelation to stay with him, to verify to me, to give me the edification that together is where we belong. [00:43:28.07]

You don't feel it's fulfilling either?

Participant: No.

It's firstly great for somebody to talk about their sexuality. That's a really powerful thing. (Applause) And it's really great too because it does bring up a lot of Law of Attraction issues. So I'd like to raise the Law of Attraction issues if I may between the two of yourselves, if you're happy for me to be open about it in a public forum. Are you happy, Graham, to be open about it in a public forum? I'd really like to congratulate the both of you for it. Obviously at some point we're going to have a discussion about "Human Relationships - Sex and Sexuality" and at some point we'll be having a discussion about "The Human Soul - The Soulmate Relationship", and that will help answer a lot of these kinds of questions. But what has been raised are very, very important questions. [00:44:42.10]

I'll talk more personally about your relationship. Firstly, when you attract a relationship, that's your soul attraction. So the other person is attracted into your life and you're attracted into their life because both of you are there to help each other to deal with your different emotional conditions. Now here's the feminine part if you like (AJ drawing on whiteboard) which is yourself, Jen, and this is the masculine half of the soul. I've drawn them probably the wrong way than what I normally do but that's Graham. So there are the two halves of the soul if you like. [00:45:26.25]



Two people in a relationship have emotional barriers between their soul halves

Now it's God's intention that these two halves of the soul eventually combine back as the one full soul. Now for that to occur obviously any emotional barriers that are between these two halves need to be healed and this is the beauty of a relationship. The relationship can go a long way to actually healing these barriers that prevent the two halves of the soul from joining. So the first thing I need to understand when I enter a relationship is that I have attracted this person to heal some soul-based damage. Whether this person is my soulmate or not is immaterial. I have attracted this person to heal soul-based damage.

Now if it happens to be my soulmate that I've attracted, you'll find that there'll be even more intense feeling of the damage between each other. So many times soulmates actually meet, spend a short piece of time together, feel these strong incredible emotions of barriers between each other and go into a panic and run away. And this happens quite frequently.

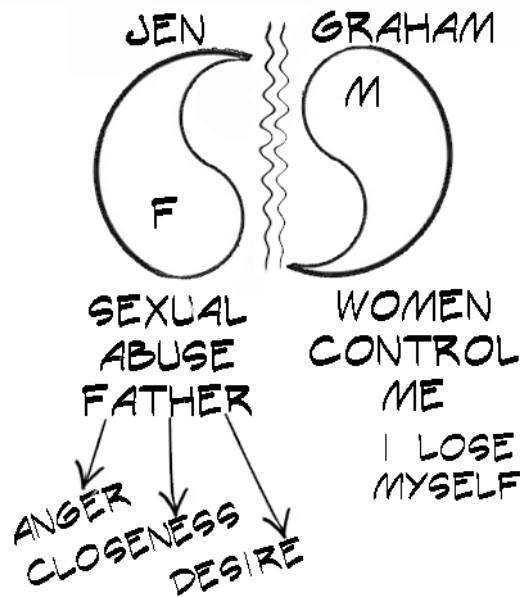
Now they will eventually be drawn back together again and then often you'll see soulmates drawn back together then apart again, drawn together then apart again and have this yoyo affect occurring. And the reason why that often does happen is because they're still not realising the one important thing and that is the Law of Attraction is drawing them together to heal something and when they run away, they're running away from healing it. If they stay together, and they both have the objective of working through their emotions, there's a pretty good chance they'll heal this problem.

10.6.1. Emotions that are interfering with sexual desire

So in regards to your own situation, Jen has been sexually abused by her dad. So it's a father, a male-based abuse. From Graham's perspective, he has always felt like women control him and, "Not only women control me, but also women sort of suck me dry," is the feeling you have at times, isn't it? Like, the feeling is one of, "If I have a relationship with a woman, I lose myself."

Now, can you see that sexual abuse for a start is going to create lots of needy-based emotions in two separate forms? Firstly, one form is there is going to be an anger-based emotions with men. Obviously if it's by a father, there's going to be sexual anger with men. There's also going to be, because all of us have a natural sexual response, there's also going to be a desire for sex as well. So you've got on one hand sexual desire, but on another hand an anger-based sexual desire.

So often what that means then is we start attracting men who treat us angrily in a sexual way. So we start attracting even maybe violent sexual behaviour with a partner, or we start attracting you know sexual behaviour that causes us to trigger this anger. And there are also often other emotions too, which is the need for closeness which was destroyed by the abuse. So there is this plethora, if you like, of emotion when we're abused created towards the gender that abused us. Now if we've had two genders abuse us, both male and female, mother or father or someone else, then obviously it becomes even more complicated. [00:50:02.17]



The different emotions at play in a relationship that impact on sexuality

Now the two different emotions are being triggered. Now obviously Graham then, from a sexual perspective, will love gentle sex. Am I on the right track so far, Graham? So he loves gentle sex but as soon as it feels a bit more, shall we say lustful, then straight away you no longer feel sexual desire because when it becomes lustful, you start feeling this control emotion kick in. This control emotion of, "I'm losing myself now, the other person's demanding of me now," and those kinds of things. [00:50:43.06]

On the other side, Jen, there's also another thing; you'll desire closeness as well. So there's this feeling inside of you that sexual attention also means, "I'm close to the person," which also means desiring me sexually, and you are correct by the way. In the end a close relationship will mean that each party will desire each other in a very lustful way. They'll also desire each other in a very pure way too, and they'll desire the pleasure of each other as well.

Now obviously when there are different abusive issues happening, and these issues for the male by the way are just as abusive as the issues for the female (AJ points to the whiteboard), what happens is we start setting up the thing where our desire is modified by the error.

[10.6.2. Getting into the causal emotions that impact on sexual desire](#)

So the only way to deal with these issues is to talk about them openly and honestly with each other, "I feel this when this happens, I feel this." Or, in your case, "I'm not desired by you." [00:52:03.06]

Participant: We're doing all that. We've reached the point where we're asking you because we've gotten to the point where we communicate so fully with each other...

Yep, so Jen's saying she communicates fully with it, they both talk openly with each other. They're so open; they're even open to discuss this issue in front of you. So that shows how open they are. So they're very open but still not getting to the core emotion. So that's the issue. [00:52:33.15]

So the core emotions are; the core emotions with Graham are, "I'm going to lose myself if I get into a lustful sexual act or a feeling of lust towards my partner." Or, "I feel their lust, I'm just going to go with that and I'll lose control of myself." So the core emotions for yourself, Graham, are about losing control with the opposite sex. Not allowing yourself to be vulnerable for that to occur because you want to maintain control and you're only allowing yourself to lose control when the other person has a vulnerability. So it's a matter of going into that emotionally now. So letting yourself feel the grief that's associated with that in your past relationships but also going way back to the causal emotion, which is related to your mother, and that's the area that you need to work on a lot; it is related to mum.

If you can think of it from an emotional point of view, she was bearing over you; if you were just this little child she's bearing over you, controlling you constantly, from an emotional perspective. So even though she might not have done it in a physical way, emotionally this is what she was like towards you and you're pretty sensitive, and so you felt all of those things. And by the way sensitivity in the soul is a great thing. So it's a really great thing. [00:54:09.27]

10.6.3. Experimenting sexually to bring up the emotional errors

So the key for you now is to start experimenting with that. And this is the beauty of a relationship; have sex of a certain type or nature that actually will trigger that emotion and then allow yourself to get into that emotion. What you've been doing is avoiding it, which was going to prevent you from getting into the emotion.

This is something many women find confronting as a discussion because many women have some really definite control issues when it comes to sexuality because of historically being damaged so much by men; you don't allow yourselves then to get into an open state sexually to deal with that emotion. And so it's very, very important to allow yourself to deal with sexual-based emotions and be open enough to experience things. Now I'm not saying get involved in violent sexual acts for example just to experience that. What I am saying is get involved in a loving transaction with your partner and if anger comes up, stop and feel the anger. [00:55:16.21]

You see what might happen is that you're in the sex act; sometimes it's feeling pretty good, sometimes. Is it sometimes? (Laughter) So it's feeling pretty good and then an emotion passes through you of anger. Imagine. Now you're in this turned on state sexually, you will be very tempted to actually deny that anger and try to make it go away. But the problem is that as soon as you do that, you're detuning yourself from your sexuality as well. You're far better off right at that instant tuning into that anger, stopping the sex act for a moment, tuning into that anger and yelling it. Being angry. "You've done this... You've done that..." Let yourself do that and if both understand that it's actually working through an emotion, it won't affect your partner very much. (Laughter) I know that sounds funny but... [00:56:27.25]

Now aside from the fact that he might be a little disappointed (laughter) that's a good thing for him too; that's his Law of Attraction. Now if both of you allow yourselves to do that in that manner, you see a lot of men have emotions of demanding of woman's sex, which they need to deal with, a lot of women have emotions of being angry about men's demands, which they need to deal with, and the key is if you're experiencing that during the sex act, just stop the sex act, feel the emotion then re-begin again. Just go again. (Laughter) You can stay all day in bed you know and deal with these issues. (Laughter) You're allowed to. [00:57:10.22]

So my suggestion is to do that and allow yourself to trigger that emotion. Now what will happen when you feel the anger, you might start expressing the anger, expressing anger and all of this rage coming out of you that you didn't even know existed and you may finish up staying in that state for two or three days running around, but make sure you don't stay there; make sure you experience it.

So the problem in staying there is you could stay there for twenty five years, and not have any sex anymore and blame men, and you're going to miss out on all this joy. So don't do that, don't stay there but let yourself experience the emotion and really express it. So if you're a lady who's got angry in that state, express it and if you need to express it more, get out the tennis racquet, as Rayah said, and start bashing the pillow. He'll probably want to go into another room (laughter) just to protect some bits, but that's the way it goes. So let it all be expressed and let yourself experience those emotions and then come back to it; come back to it and go further. And what will happen is, if you allow that, layers will come off of you and you'll get to a point where you can be totally open and vulnerable with the person emotionally and sexually and you'll have dealt with many of the issues. [00:58:40.00]

Participant: Graham and I have gotten to the point where I've asked the question, "Is sex a learned response?" Because I've been married twice and I've got children, and I don't think I've ever been in a loving relationship ever before. Just recently when we were in bed together and experimenting, we really didn't know what we needed to do to express to each other. We got to the point of not knowing and I realised that I have never ever been in a relationship with a real man before and I've never ever been in a sexual encounter where I wasn't harmed and where real love was present. And I love Graham so much because he is real within himself and I ask the question, can you learn sexual response? [00:58:40.00]

Totally.

Participant: Because Graham and I don't know what to do or how to raise the desire and how to express with each other. If you talk about lust or something kinky or something that's profoundly, you know right field, you know something that's not... [01:00:52.09]

Something is physically sexual but not soul sexual.

Participant: Yeah, not associated with love, then I can write you a book on it.

And she probably will at one point. (Laughter)

[10.6.4. Sexual attraction is based upon emotional, soul-based attraction](#)

Part of the issue is you're being bossy. And when a person in a relationship is bossy, even male or female, it doesn't matter which gender, the other person has a sexual turn off to that. [01:01:37.14]

Participant: Oh dear.

Yeah, oh dear. So when you're actually bossy and forceful, even if it's not in a sexual way, you're actually detuning him sexually from you. Can you see how that relates to his injury? [01:02:02.19]

Participant: The first thing I need to say is that I accept what you've said, okay I accept the bossiness. If I accept it then that's the beginning of me finding how to go...

A path through it, yeah. So if you experiment with this... and sexuality is not really sexuality by the way. Sexuality is really "soul-ality", if I can call it that. In other words it's an interaction between two half souls. It's an interaction between two half souls and after a while your physical sexual response is going to be totally dependent upon the emotional interaction between the two halves of you. So you'll get to a point in your own life where you cannot at all respond sexually to a person without there being love there. Now that even applies in the day-to-day interaction. So if a demanding emotion is given from one half of the soul to the other half of the soul, the other half of the soul is going to be turned off sexually from that. [01:03:31.01]

Now many of you have experienced this? Many of you know that if the man treats the woman badly all day and then comes home and wants some sex, and of course she's going to be really responsive, is she? Of course not, because she's not feeling loved all the day.

So that demanding emotion goes across to Graham and his emotion gets triggered, which is, "I don't want to be involved in this transaction. I'm losing myself in this transaction. How can I respond sexually in this transaction?" And to be honest with you, once you are connected to your soul, if you're a male, you'll lose your erection within a space of about a second as soon as you feel something's unloving. So it's a very powerful tool for you to actually work through these issues in terms of sexual love. [01:04:37.01]

[10.6.5. Women can become controlling when they don't want to feel controlled](#)

Mary: Can I add that often when...

No, you can't get away with this darling. Sorry. Come on. (AJ pats the chair next to him). Everyone else is doing it.

Mary: It doesn't necessarily relate to sexuality but an important realisation that I had was that often the very fear of being controlled, which a lot of women have, actually creates a controlling situation towards the man. If I'm very afraid of being controlled all the time, in the end I end up controlling the man in order to not feel controlled. So possibly that's happening for Jen and Graham as well on both sides because Jen's experienced being very controlled, she doesn't want it to happen again and so does Graham. [01:06:09.11]

So if you have a fear inside of yourself, whatever that fear is, it creates an addiction for the opposite thing. So if you have a fear of being controlled, you will often become controlling. If you have a fear of being hurt, you will often hurt others. These things happen constantly. And the control may not be overt.

Always emotional.

Mary: Yes, it might not be that I even feel like I enjoy controlling men, but just by the fact that I'm very resistive to... [01:06:24.03]

Can you give a personal example in your life? (Laughter)

Mary: Within our relationship, when I first met you, I had a lot of fear and a lot of concern about being controlled and so in the end our relationship started to become on my terms. You know, I will see you when I was free and you will visit me. And I didn't feel I was being controlling, but I had so much concern about being vulnerable and actually giving and those sorts of things, that I actually ended up being quite controlling to you, because I had a deep fear about losing myself actually.

So my Law of Attraction was I was willing to be controlled by a woman in order to maintain the relationship. So what I had to do firstly with that is look at my Law of Attraction, say, "Alright well I'm being controlled here, I'm being told basically that the relationship is on Mary's terms." So then I had to work through that emotionally. So I cried about it, I got a bit angry about that initially, not with her but with my baseball bat thing out the back, and then connected to the sadness of that; of what that's felt like through my life. And then once I released that emotion, I could then speak to Mary about that emotion, and then that allowed her to work through some of the issues she was feeling as well; some of the fears she was feeling about being in my life. And so that helped both of us get closer obviously. Can you see how the Law of Attraction sort of worked there too? [01:08:17.06]

Mary: Yeah because I've got fear about being vulnerable and being controlled.

Yeah and fear of being with Jesus.

Mary: That's a big one.

Thanks, babe. Do you want to stay up here?

Mary: No, someone else needs to talk now.

I was just thinking you looked so pretty. (Laughter) My sexual projections, sorry about that.

[10.7. An example of another lady called Jen and her life](#)

This is a good start I like this start. She's crying already, I love this.

Participant: I just hope I can get the words out. My name is Jen. My first husband's name was Graham. [01:09:20.24]

So big Law of Attraction for you, Jen.

Participant: Can I tell you my story?

If it doesn't take too long.

Participant: Okay I'll try fast-en it up.

It is just that there are other people who want to ask questions.

Participant: Yeah. When I was sixteen I met Graham. For the first eighteen months I fought him off, he wanted to have sex and as a good country girl I wouldn't have sex. Then one weekend we went camping and I'd heard a rumour that he said that if I didn't have sex, he would leave me. So I had sex, I fell pregnant. The Saturday of that weekend, as soon as we did it, I knew I was pregnant. I knew I was going to have a boy. Two days later his youngest brother, who was camping with us, was killed in a sawmill accident and I blamed myself so much for that because, as a good country girl, I was told it was a sin to have sex before marriage. That every time someone died there would be another

birth. So I really, really thought I had caused Russell's death and I went through hell for quite a while. [01:11:01.04]

Participant: I had my son who was absolutely beautiful, who I know now is very damaged from the emotions that I was feeling when he was being carried. Three years later I had my daughter who I love. Two years after that I was on the pill, I had a cold, I was on antibiotics and I fell pregnant. I didn't realise how angry I was at Graham for getting me pregnant until I got pregnant again against my will and I had an abortion. Now when the other ladies a couple of weeks ago said that, I felt nothing. I was worried about that so I went to a very good friend who had helped me with a lot of counselling and I said, "I'm feeling nothing and I don't want to feel nothing, I want to get through this," and I still felt nothing. So I thought, "Wow I've dealt with this isn't this wonderful?" Because I remember in the doctor's surgery when he told me I was pregnant, I prayed, "God, no I can't do this I'm going to go nuts if I have another child." I was seventeen, I had no teenage life and here I was with my second child just about to go to school and have a bit of freedom and I was pregnant again. [01:12:57.19]

Participant: So today, when the other lady was talking about not being able to sleep, I used to have really bad sleeping problems from the ages of about twenty-five to thirty-five; I used to take sleeping pills every night to try to get to sleep. And when AJ talked about contacting the soul of the child, I wanted so much to say sorry to that child so I tried it and I hoped that I had given some sort of repentance. But the sleep thing brought back the memory that it was the ten years after I had the abortion.

Participant: I thought I was just so scared to meet this child because I was actually told once that I had three children by a medium and I denied it. But she said there's a child here who says his name is Michael and he's connected to you. I would never call my son Michael because my closest cousin's name is Michael and when AJ talked about the Celestial beings who would look after that child, I thought, "Well they've called him Michael." [01:14:43.28]

Participant: So I thought, well I'll try and connect with him and since the last fortnight, I've slept like a baby. So I think he's forgiven me and I was going to just go outside and have a good cry, but because I've always felt a lot of shame and I've always had all these skeletons in my closet, that I thought it was about time I got rid of the whole lot of them in one go. (Applause) Now I'm going to go outside and cry. [01:15:32.08]

Just a few things I'd like to say about Jen's experience. When it comes to Law of Attraction, when it comes to sexuality, you can see what's going on? The person who feels like sex is wrong will often have an attraction with a person who feels like they've got to have sex with you right now and often they will give in. And these kinds of things are created often through the Law of Attraction. So remember everything that's happened in your life is through the Law of Attraction. Everything. So everything that's happened to Jen's life is due to the Law of Attraction operating on her soul condition when she was much younger causing these events later so that she can work through these emotions, and to her credit now, she's working through these emotions really rapidly, and so she's changing very, very rapidly as a result of that.

If we can try to keep things to the Law of Attraction. Is that alright?

[10.8. An example of having terror about vaccinations](#)

Participant: I have sleeping problems too.

So you don't want to sleep? In other words.

Participant: Obviously, yes. And this morning I was looking at that and I believe it's because I'm afraid to sleep because I feel like I have to take care of the children. [01:16:57.21]

So you're afraid really about if you're asleep what's going to happen to the children?

Participant: What's going to happen to the children. And as a mother of one, I know that when I became a mother, it's like I have to be aware, have to be awake, have to look after this child. Now I have two grandchildren and they live in the United States and I know it's not my business, it's not my life and yet I feel a lot of things, a lot of connection, a love, desire for the best for all, and the way my daughter is choosing to take care of the children. She's a wonderful mum... [01:17:44.06]

So what's your question?

Participant: My question, okay it's based around vaccination. I have strong beliefs about vaccination and that costs me heaps of emotional pain. I've done so much research about it... [01:18:02.06]

So what's your question?

Participant: How do I...? I feel...?

It's about your daughter and her children?

Participant: Yeah. That I have this pain about vaccination and when I wake up in the night I can't get to sleep, it always comes around to vaccination. I'm worried about the children. I believe that vaccination is a very evil thing. [01:18:28.18]

Let's first look at your Law of Attraction. Firstly, you're not being honest with yourself because anything that you're feeling is about your feelings; it's not about what's happening to someone else. [01:18:38.21]

Participant: Okay.

You're correct that vaccination can be a very damaging process. If you deal with the soul issues obviously vaccination is not even needed anymore either. And if you get to a point of at-onement with God you'll never need any 'anti' disease thing because there just won't be disease. But that doesn't deal with your fear. There is a fear that you have inside of yourself about vaccination related to your childhood. So what do you reckon it might be? [01:19:21.13]

Participant: That's why I'm up here.

So what can you remember about the vaccinations you have had as a child?

Participant: When I had vaccinations, which were very few compared to today, there was nothing that I knew about... there was no negative...

No, I'm talking about your feelings, not your beliefs. When you were little and you had somebody poke this needle into your arm, what did you feel? [01:19:55.21]

Participant: I didn't like needles.

Okay. Were you afraid of them?

Participant: I didn't like to go to the doctor's. I didn't like any injections.

So if he brought out this great big needle and just about shoved it in your arm, what's your feeling? [01:20:09.19]

Participant: Not good.

Not good?

Participant: It's bad and my mother is a nurse, she gave me shots.

Isn't it a terror-based emotion?

Participant: Yes.

So what's actually happening, through your Law of Attraction, is there's this terror-based emotion inside of you about being vaccinated when you were a child and it's about feeling your way through that terror-based emotion. It is going to mean actually allowing yourself to think about those events when your mum vaccinated you and actually breathe diaphragmatically in your tummy and allow yourself to experience the terror that you felt. You see at the time you

were told that you shouldn't feel the terror; that it was all okay, this is normal. There are a lot of other stories; "You need this because of the disease you're going to catch," and all of these other things you were told. But the truth is there's this terror in you about this issue and so when you're worried about your grandchildren, it's actually your terror about your own childhood and what happened when you were vaccinated. [01:21:13.26]

Participant: Yes. Well as an adult I have done research but it's not just research; before I did research I knew in my heart it was wrong. [01:21:25.17]

Yes but the problem, is can you see what we do with our addictions? You see, what's really driven you to know about vaccination is this terrible fear about vaccination from your childhood. That terrible fear created a desire in you to actually find out about vaccination, to find out whether it's wrong or right. But in the end, whether it's wrong or right, is immaterial for you emotionally. What the material point is emotionally is that you have a fear and a terror in you about vaccination that you need to experience. But all of your desire to seek the truth about vaccination has all been motivated by this terror about vaccinations. [01:22:03.23]

Participant: But it seems like a simple emotion going back to childhood.

It will be a very simple terror. It's going to be a terror emotion to experience.

Participant: But it seems like a simple thing to look at and feel. Will then that remove the incredible adult terror I feel?

Yes.

Participant: If I just hear the word vaccination I can almost shake.

Yes that's the reason why; it's a childhood terror. Once you release the childhood terror, as an adult, you'll hear the word vaccination and it will just be the same as any other word like love.

Participant: Okay, thank you.

No worries.

A few things about that experience: The Law of Attraction was telling, on so many different parts, what the real problem was. You see what we often do is we get a Law of Attraction event and then what happens is we start intellectualising through the addiction. So we become addicted to finding out the truth about it, we become addicted to doing all these different things about it and in the end it's just the feeling of the causal emotion that needs to occur and all of those addictions will pass, and we'll automatically know the truth in our heart. [01:23:21.11]

The truth is the children who you're vaccinating already know the truth, and they are terrified of the vaccination. They already know the truth; it's not good. In their heart they already know the truth. Now I know many of you from a medical profession might be saying, "Ah, but AJ you know what you're going to do is create disease by saying all of these things." No, because if you listen to everything I'm saying, I'm saying there's an emotional cause for every single illness and disease on this planet and when you deal with that emotion, these diseases will not even exist on this planet. So will you need to vaccinate your child? Of course not, because the disease itself will not exist. [01:24:00.24]

Right at the moment within you, you have literally hundreds and hundreds of different diseases but your body doesn't respond to them because the emotion that creates the trigger to response is not there. So that's a very important factor to bear in mind, and the child already knows this. The child takes one look at this needle and goes into fear; it already knows the truth. So you wouldn't have needed to investigate all those different things to tell you that it's wrong, if you allowed yourself to just feel the emotion as a child. [01:24:31.29]

Now obviously terror-based emotions are very hard to feel as a child and when it's our own parent inflicting the pain and the terror, we think we must be wrong. Obviously if your own parent is inflicting the pain, you're setting up this terrible conundrum within yourself. [01:25:01.13]

[10.9. An example of a man who has been investigating different forms of spirituality for twenty years](#)

Participant: Does the Law of Attraction equally apply, or the speed in which you can acknowledge it, to myself, where I have been a Christian and have been an agnostic and perhaps now an atheist? And I notice tonight that you've been talking a lot about spirits, you've been talking a lot about God. [01:25:36.24]

And you're here listening to this.

Participant: And I'm here listening, yep. So it is a little bit difficult for me to, not so much accept the principles of it, but I think it's going to be aiding a lot of people to progress their problems or their concerns if they do accept the fact that there are angels, that there are spirits, that there is a God. For me I can't accept that, having been an ex Jehovah's Witness for ten years, a Seventh Day Adventist, and spent twenty years of spiritual searching and so forth. Now I'm a Raelian, who believe in extraterrestrial life, and that we've come from a superior intelligence. So I guess my question, to the point, is I'm having a lot of problems not accepting the fact that the principles of what you're talking about tonight are very relevant and very true. But I think for me, to be able to progress at the speed by which some people may be, I think I'd be on the lower end of the scale of doing that.

You see I don't agree with that but anyway. Let's talk about the issue. Firstly, the Law of Attraction for you. The Law of Attraction for you is that you've always been a truth seeker.

Participant: That's right.

So you have this burning desire in your heart to know truth and in that process you've been attracted to many different religious and non religious forms of truth in order to actually find out the truth, truth external to yourself. And so your strong Law of Attraction is that you're willing to investigate anything in order to find out whether there's a truth in it or not. So that's the first thing to bear in mind. So rather than being self condemnatory about where you are in the scale of things in terms of dealing with things, the truth is you have one great ability, which not many people on this planet have, and that is the ability to keep seeking for truth even when you're disappointed. So that's a really powerful thing. But allow yourself to feel about the Law of Attraction even further with this. [01:27:59.25]

If this particular path is coming to your sphere of operation, it means that your soul at some point has attracted it. So you're here through attractions, a desire to know truth. My suggestion then is to experiment with that attraction. You don't have to make decisions about it; all you need to do at the beginning is to experiment. Experiment with the attraction. For instance, you can actually start saying, "Alright, I did believe in a God at one time, now I'm not so sure, now I probably don't believe in one at all."

[10.9.1. Experimenting with Divine Truth](#)

But let's for a moment revisit this issue of God, and let's start having a longing, using this Law of Attraction thing with God, and let's experiment with it. Let's experiment with it with regard to one issue, let's choose the issue. The issue might be what is the truth about a certain issue that's passionate for you? So what you do then is try the experiment from an emotional perspective with that particular issue and see what happens. See whether it works, see what it brings you. So allow it to see whether the Law of Attraction is actually a valid law, that it's actually a law of the universe. Allow yourself to experiment with it to see it. So if you can keep an open mind to that and keep an open emotional sense to that, what will happen is you'll start attracting into your life the truth about those laws. [01:29:28.17]

But one factor that's also part of your Law of Attraction is this feeling that you're always going to be disappointed. Because you've investigated so much truth and you've become disappointed with that, like you know when you were a Witness you become disappointed about it, when you're a Seventh Day Adventist you've become disappointed with that and then these other things you have investigated. And you become disappointed because they've never had all the answers for you, because obviously you're quite sensitive in the soul and can feel soul-based answers, right. So now start trusting that. Start investigating this Divine Path that I've been teaching and investigate it with the same criteria that you've been investigating these other things. How does it feel inside of you? And let yourself, through your Law of Attraction, work your way through those issues and also work your way through the pain that's still there within

yourself about having investigated so many different paths and they all turn out disappointing. Let yourself feel that. Does that answer your question? [01:30:28.29]

Participant: Yeah, it has. Thanks mate.

10.10. An example of a lady who works with a child with behavioural issues

Linda was next. I'm just feeling her emotions. (AJ pretending to shake) (Laughter)

Participant: Just talking about the Law of Attraction, mine's working perfectly as far as I'm probably an injured child. I've been looking for work with children; I'm studying teacher aid work. So I got a call on Friday to say that I had some hours at the school. I was, "Yay, great, paid work money." And then I was told it was to do with one particular girl who has emotional injuries, behaviour issues and so I have to deal with this. I've been put in a situation where I need to experience her behaviour and try to cope with it. [01:31:44.10]

So what's your Law of Attraction question?

Participant: Well I just know that this is my Law of Attraction perfectly saying to me well here you go here's an injured soul, feel what you need to feel from this because I'm happy with my own children, so I've attracted this. I haven't had a chance to think about it and I'm quite fearful and... [01:32:08.02]

So you're afraid already?

Participant: I'm afraid because you're meant to do it within a framework, a system; an education system. [01:32:19.19]

So with Linda, what's happening a lot is that she's being shown a lot through her Law of Attraction that she feels quite grieving-based sad emotions within herself from her childhood and what's been happening is she's been very resistive to that, haven't you? She's been quite angry, projecting out and quite resistive to that, getting angry with the children about it and all of those kinds of things. So now what's been put in her path is another child who she has to work with in a framework where she's not allowed to get angry and upset, and actually face the emotions that this child is facing, which is actually going to be very, very close to the emotions that you have to deal with. [01:32:53.08]

Participant: Yeah I actually connected with her quite well and I really adore this little girl. Yeah, I really connect with this little girl. I've known her for about a year. I love her and I just feel like, "Wow I just want to fix you and make it alright and help you." [01:33:15.22]

But the reason why you connect with her is that you have very much a mirror of her emotions.

Participant: I have, I know, I know.

That's the reason why you're not connecting with your own children is that you don't have a mirror of their emotions.

Participant: Well I refuse to see in my own children what they're showing me as my own injuries, but when it's outside of myself it just feels different. [01:34:01.15]

Well the truth is that your own children's emotions are a reflection of you but they're not a reflection of your injuries. Whereas this girl has exactly the same injuries that you have as a child and you feel a deep compassion for that. So really what it's about is you not wanting to feel the compassion for yourself. [01:34:01.15]

Participant: I know but... I will be now because...

Well we'll see whether you will because it will be on your choice, won't it?

Participant: Yeah well it's just dawned on me, "Wow you've just attracted this situation, what are you going to do with it?" Use this because the laws are just... [01:34:17.28]

The Law of Attraction.

Participant: ...put perfectly in front of me. I may only last a week at the job.

The key with Law of Attraction events, when you know you've attracted an event, stay with it until the emotion is gone. You see what I'm saying? Stay with it until the emotion is gone. Milly, do you want to?

Participant: Yeah, your words were, "I love this child. I adore this child." Who were you talking about?

Yeah, so Milly's saying that your words were, "I love this child. I adore this child." You see really what you're saying is that you don't love yourself and you don't adore yourself. [01:34:59.20]

Participant: That I love the other child and not myself?

It's about that, yeah. It's very much linked with those emotions. Even your words, by the way, will tell you lots of things about your Law of Attraction. What you say is just a very, very powerful thing. Thank you. [01:35:15.28]

Participant: Thanks.

[10.11. An example of a doctor who doesn't believe in drugs and vaccinations](#)

James.

Participant: What Karen was saying triggered a lot of stuff. I've known for a long time that emotions caused illness. I've spent many years practising in a way where I avoided prescribing any drugs at all and in the process of that, I created some issues and problems for myself. That pushed me back towards general practice, which I've been doing now for another twelve years, spending every day writing prescriptions for drugs that I have no belief in, prescribing vaccinations for kids that I have no belief in and inflicting unnecessary pain on children. I have no belief in it and it's killing me, it really is. [01:37:45.08]

Good Law of Attraction event for you.

Participant: Absolutely.

So the Law of Attraction event here for James is he's hearing the long-term results of a vaccination on a person who's now... what age would you be now? (AJ addresses the previous participant who asked about vaccinations)

Participant: Who me?

Yeah.

Participant: Well I'm sixty one.

Sixty one. For fifty something years you've been living in this fear about vaccination really, haven't you?

Participant: When I was pregnant, I did lots of research... well, before I did the research, I knew vaccination was horrible. So I didn't get my daughter vaccinated. She's never been vaccinated. But she's now in the system, and they're doing it. [01:37:45.08]

Yeah. So from James' point of view, he's a doctor who's been prescribing these things and can you see how the feeling, when it hits you, it's just like a ton of bricks? Like, "Wow, what have I actually been prescribing? What kind of damage have I been inflicting?" And so there's some Law of Compensation issues you are now experiencing. So the key now that this Law of Attraction has brought this to you is to allow yourself to feel the emotion, just allow yourself to feel the Law of Compensation emotion, pray to God about repentance. You're obviously in a repentant state so pray to God about forgiveness and let yourself also, from now on, choose differently. [01:37:45.08]

Participant: Yeah.

Thanks James.

10.12. An example of a lady who hasn't attracted her soulmate

Participant: Mine's the law of non-attraction. I haven't attracted a soulmate.

Okay. So do you want one?

Participant: Obviously not. (Laughter)

Okay (Laughter). The truth is you don't want one. So the Law of Attraction is, "I think I want my soulmate, I'm really, really lonely for a soulmate, I really want the person in my life who's special, and I really want to have a close relationship, but I haven't got one." So are all the things I've just said real or not? Obviously they're all not real. The truth is, "I really don't want a soulmate, I really don't want to have a person close to me in my life, I really want to stay lonely." Now that feels the opposite, doesn't it, to what you think? [01:39:06.22]

Participant: At the moment my heart's just beating and I'm in actually in terror.

Yeah, that's it. Now your terror is covering the emotion that you're needing to experience. You're terrified about feeling these emotions and the truth is that you do not have a desire for your soulmate; you do not have a desire to have a close relationship with someone because you're afraid, and you're really terrified of some things. So would you like to say what you're terrified of? Can you feel what you're terrified of? [01:39:40.22]

Participant: I come up with intellectual ideas.

Just let them pop out.

Participant: That my sincerity will be stomped on.

Okay, so you feel that if you're in a relationship, the other person is going to stomp on you? A lot of your good qualities will be lost. So it's a deep fear. What happened in your childhood to cause that fear?

Participant: My childhood wasn't too bad.

That's not true. Well, you have such a deep fear of your sincerity getting stomped on, somebody in your childhood must have stomped on your sincerity. Do you follow me? So there was something going on there in your childhood with regard to a male, stomping on, or stepping, on your sincerity, wasn't there? Have you a male or female-based attraction?

Participant: Male.

Male, so it would be in regard to a male.

Participant: I was scared of my dad.

Of course, yeah. It's a big thing. Like a lot of us say, "Yeah I was scared of my dad," as if that's a fairly minor thing. That's an amazing, that's an amazingly huge thing. Like you imagine as a woman, you're growing up with a male, possibly the only male in your household and you're terrified of him. That's going to cause some problems in your later sexual life and your later relationships don't you feel? Definitely. [01:41:10.10]

So allow yourself to say that is a problem that is a big problem. He stomped on your sincerity. He stomped on quite a few things with his anger, right? You're terrified of him. You're afraid of him and you're afraid of men as a result. And this is why you're not attracting your soulmate because you're afraid of the man. So what you'll need to start doing is looking really deeply at the emotions about men that you feel. Let yourself feel firstly the terror-based emotions, but

also the emotions underneath about men because they are the emotions that are preventing you from meeting your soulmate. When you deal with those, you'll attract your soulmate. You see at the moment you are actually repelling your soulmate. And you were right in a way because you were saying; this is a problem of non-attraction. What's the opposite of attraction? The opposite of attraction is repulsion. And what happens is when our soul is in a state where we're feeling certain emotions based around fear and terror and so forth, we are in a state of repulsion of the opposite sex not attraction.

So you're actually pushing them away. So if your soulmate came around you at the moment, he would feel like he was being pushed away. It wouldn't matter what condition he was in, he would probably feel like he was being pushed away. So the key for you is to allow yourself to deal with the emotions inside of yourself. "Why do I push away men?" There are all these feelings about that inside of you about men. So let yourself write about them, feel about them, connect with them, talk to God about them. Let yourself feel all of those and when you release all of those, what will happen is your soulmate will be attracted to you no matter what condition he's in and no matter where he is. He'll be attracted to you too. And you'll be in a state where you can receive him rather than feeling like you want to reject him. [01:43:12.02]

Participant: I thank you for that. I always loved my dad.

The problem is at the moment, the thing that's preventing you from dealing with your male-based emotions is you have this deep love for your dad, but the deep love for your dad is actually not necessarily a love for your dad because there's very much fear involved in it. So what it actually is, is a deep desire for your dad's attention, for attention from your dad. But it's tinged with all this fear about your dad as well. [01:43:39.00]

Participant: What I think it is, is my dad changed very much in the last years of his life and put me on a path of health and spirituality but I'm not touching base with what I felt as a child. I'm trying to seeing him as he was as an adult.

Exactly.

Participant: And that's what you've clarified.

That's it, yeah. That's a big issue for many of you. You'll find that as you grow up your parents are obviously changing too; the Law of Attraction is knocking them into shape as well. And so what often happens is the Law of Attraction gets us into this point where our parents have changed and they're now seemingly good people, we feel they're good people, but we have all of these emotions from our childhood when we were terrified of them. And the problem is that we judge one using the other and what we need to do is forget that and just go into that childhood emotion because it's the childhood emotion that is defining my life. That's defining my Law of Attraction. So that's why I need to focus on those emotions. So you need to stop getting into this condition of thinking, "He's good now so I can't feel that." You can still feel that even though he's good now. [01:44:42.18]

Participant: Yeah, I understand that.

11. Closing Words

It's now time for me to finish I think; everyone's pretty exhausted. What I really liked about those personal experiences is that all of you are starting to connect emotionally to what's going on and that's a great thing, that's really what we're doing here. [01:45:09.07] The Law of Attraction is such that it's wanting you to feel these emotions. That's what it's there for to actually access these emotions, to access these fears, to access all of this stuff. And if you allow it to work like God intended it, then it can be God's messenger to you but if you resist it, God's not talking to you anymore and you're going to be all on your own and it's going to feel that way. So let yourself look more powerfully at the Law of Attraction in your own life, take complete responsibility for that attraction. Even every single person who's spoken to you this afternoon has been your Law of Attraction. If you have been affected by what's been said by different people here, then that will all be based on the Law of Attraction. So allow yourself now to experience those emotions. [01:46:00.04]

It's been great spending a bit of time with you today and I look forward to those of you who are coming tomorrow. Thanks very much, guys, thank you. [01:46:26.04]

Appendix: God's Laws - Law Of Attraction

Introduction

Law of Attraction – Divine Truth Style

Everything we truly desire, we get! (Law of Attraction is controlled by your soul condition)

You can change your Law of Attraction by changing your soul condition

Soul condition creates thoughts (soul condition includes emotions, desires, passions etc)

Releasing causal emotions allows the soul to accept truth (feeling causal emotions results in soul clearing)

Law of Attraction (LoA) – The Secret Style

What you think about you get (you attract what you think about the most)

You can change your Law of Attraction with your thoughts

Thoughts create feelings (practice thinking differently)

Bad feelings create more bad feelings (feeling bad emotions creates more bad events)

Take responsibility for what your life is right now because your soul condition has attracted it

The Law of Attraction can be used positively or affect us negatively (depending on our soul condition)

What Is Soul Condition?

Soul condition is the sum total of:

Your passions, desires, longings, moral beliefs, moral condition, aspirations, pursuits, emotions, feelings, intentions, loves, dislikes and hates, fears, religious beliefs, scientific beliefs, love beliefs, mental aspirations and beliefs (which come from soul beliefs, but are often in disharmony with soul beliefs)

Soul condition can be changed by experiencing the following emotionally:

Longing for, receiving & acting in harmony with Divine Love – Transforms the soul into a new being

Longing for, receiving & acting upon Divine Truth – Allows Divine Love to flow into the soul

Learning repentance and receiving Divine Forgiveness & Mercy - Removes Karmic soul damage

Having Faith – Raises the soul's awareness of new conditions and states

Growing Desires and Passions harmonious with Love – These desires and passions can be nurtured

Learning & applying lessons in Natural Love – How we treat others and ourselves

Releasing passions, desires, emotions, feelings & beliefs disharmonious with love

Releasing painful emotions that are the result of the Law of Compensation (Karma)

Bringing actions in harmony with love (either Natural or Divine). This removes further Karmic effects

Changing intellectual beliefs, thoughts, words, actions, since these feed new desires, emotions, and loves

The Law of Attraction Operates on Soul Condition

Soul condition determines how the Law of Attraction operates

“Where your treasure is, there your heart will be also” – Illustration of the rich man building warehouses

In disharmony with Love will bring many damaging and painful experiences on earth and in spirit world

In harmony with Love will bring many uplifting and joyous experiences on earth and in spirit world

The most powerful way to change soul condition is through the reception of Divine Love

The intellect can change soul condition, but only as rapidly as the soul condition is changed by the new thought

What Is Real From God's Perspective?

What is in the soul (soul condition) is what is real to God, God's Laws expose what is really your soul condition

The Law of Attraction is God's messenger of truth to you to tell you what is really within yourself

If you think your soul condition is better than it is, then you are allowing yourself to be deluded (man in mirror)

You can TRY, but, if your soul condition is different to what you are trying to do, eventually you will give up

Scope Of The Law Of Attraction

Physical, spiritual, and soul matter and space is controlled by the Law of Attraction (adamantine particles)

EVERYTHING (on earth or in spirit world) surrounding you is controlled by your soul Law of Attraction

Where you live, your own life experiences, your own life events, the creation of everything in your life, all of the people you interact with, how each interaction effects you, the condition of your own body (spirit or physical), your spirit person influences, spirit obsessions and spirit possessions, illnesses, accidents and diseases in the material and spiritual bodies (including mental and emotional illness)

The Law of Attraction results in the creation of universes and locations suited to the development of desires

Other Law of Attraction points to remember:

The Law of Attraction will operate in such a manner as to intensify the soul condition that drives it.

Eg. If we have murderous emotions, we will attract people, spirits and situations that seem to intensify those emotions until we become conscious of their existence and have a desire to experience the underlying causes. When we experience the underlying causes, the soul condition changes, and the Law of Attraction operates on the new soul condition.

The Law of Attraction respects the free will (at the soul level) of the individual

The Law of Attraction is impartial in its operation, never ceases to operate, and works on the soul condition

The Law of Attraction is always exact and never fails, is always accurate either in the spirit world or on earth

The Law of Attraction causes the most relative harmony to exist in any location on earth or in the spirit world

The Law of Attraction causes us to go to places where our “joy” will grow greater

If the “joy” is the result of or in the exercise of disharmony with love or sin, then we will attract that

The Law of Attraction determines that soul conditions attract emotions & thoughts

These come from either within ourselves or from outside of ourselves.

Thoughts “invade” us due to the soul condition needing to be released.

Thoughts will no longer invade us when our soul condition has changed.

The strength of the soul condition determines how intense the experiences attracted become

The Law of Attraction will always attract the soul mate once the emotions that repel your soul mate are released

Using the Law of Attraction to Expose Causal Soul Condition Disharmonious With Divine Love

Prayer – a passionate desire and longing for God’s Love to enter you emotionally

We can also pray for Divine help to expose our soul condition errors to ourselves

As Divine Love enters you, it exposes the soul’s true condition

If we are willing to experience the causal emotion, and release the condition, then we experience Divine Grace

Illustration of the castle surrounding our soul condition (causal emotional condition - trigger):

Defense system, resistance is to attack/defend/avoid, marauding army. Eg. Mother in law

God wants to expose the soul condition, we usually want to resist that exposure

When Law of Attraction events happen: Look at your personal internal reasoning

DO NOT assume: He/she did that to me, or this event happened because of someone else’s condition (blame)

DO ask: What soul condition within myself caused this event/person/place/thing to be attracted to me?

Make sure you focus on ALLOWING causal emotion when triggers occur

When your castle is being attacked, then you have had a TRIGGER event

Go with, and experience the trigger emotion in a safe environment (for yourself and others)

Let the emotion flow and be experienced completely, then usually the causal emotion will rise up into you

Let the causal (usually childhood or Law of Compensation emotion) flow and memories will return

How to know when you are RESISTING causal emotion when triggers occur

Resonance – Events cause our internal soul condition to resonate with trigger. eg. Glass with sound frequency

Projection – Projection is always the resistance of the causal emotion, and we use many methods

Anger – Anger is created by yourself to: avoid powerlessness, blame, pressure others, control others etc

Withdrawal – Withdraw from the situation, event or person allows your causal emotion to bury itself

“Loving” – Intellectually forgiving, calming the person/event is unloving. eg. motive for giving help

Judgment of self – Stops you from experiencing the causal emotion under the judgment

Feelings such as Depression, Guilt, Fear, Resentment, Hate, Revenge, Anger, Criticism, Blame, Worry, Frustration, Annoyance, Boredom all indicate resistance to causal emotional experiences

“What you resist persists” Pain and suffering is an indication of a soul emotion

Using the Law of Attraction to Create Positive & Joyful Experiences Harmonious With Divine Love

“You are the designer of your destiny.” You are an unlimited being

Step 1 – Develop/grow a soul desire for the experience/event harmonious with Divine Love (this is ASKING)

You can start with nothing, the universe operates on your SOUL condition, nothing else

Don't define yourself by what you see now, visualize emotionally to grow desire

Step 2 – Trust in God that the event/thing desired will be received (this is FAITH)

Don't need to know how, how will be attracted, feel the feelings opposite to faith, have to feel it to believe. Don't doubt (if you do doubt, then release the feeling)

Step 3 Develop Emotional Openness to Receive

Show gratitude, actions will be required to receive, eg. Asking for truth, then rejecting it when it arrives