

The Human Soul Emotions Of Self-Deception

Why discuss Emotions of Self-Deception

God only addresses emotional causes within us
 Emotions of self-deception aren't causal emotions and therefore God can't assist us processing them
 God can assist us to identify self-deception by answering prayer and through the Law of Attraction
 Emotions of self-deception actually take you away from God and your own soul

Reminders About The Soul

The soul is; passions, desires, longings, intentions, emotions, feelings
 How emotions are the real cause of all thoughts, words and actions
 How emotion not completely experienced gets stored (frozen) in the soul
 Only emotions completely experienced are released from the soul
 How the souls experiences ("sub-conscious mind") determines all future experiences
 How the law of attraction operates from the souls "frozen" (unreleased) emotions

How Painful Emotions Are Created & Stored

Persons in the child's environment suppress or deny the experience of their own causal emotions

When we deny our own emotional experience complete, we project the emotion outwards
 Everything in our environment is harmed by our own emotional suppression

The child receives a barrage of emotions from it's environment which it naturally experiences

In the normal state, a child allowed will always feel its own and environmental emotions
 This is the reason why most children are quite distressed a lot of their early childhood

Childhood CAUSAL emotional damage is caused by persons in the child's environment suppressing their own emotional experience

Adult's suppressing emotion force children surrounding them to feel the emotion instead
 Adult suppression also causes direct emotional damage to the child by their treatment of the child
 Eg. An adult who feels unloved will not be able to love the child, so the child feels unloved
 A child forced into feeling emotions on a daily basis usually cannot cope emotionally

Childhood CAPPING emotional damage is caused by persons in the child's environment suppressing the child's emotional experience

When the child is prevented from feeling an emotion, the emotion remains within the soul of the child
 The child also then responds in rage or anger because of their free-will not being allowed

Law of Compensation emotional damage is caused by the child/adult gradually making it's own choices and decisions in disharmony with Love as a result of the childhood causal and capping emotions being suppressed

When the child (as a child or adult) makes choices disharmonious with love that harm itself or others,
 Law of Compensation emotion is created within which will also need to be felt

The child/adult now begins to protect and resist the experience of the "castle" of emotional hurt

The "castle" is the childhood causal, childhood capping & child/adult Law of Compensation emotions
 The desire to protect and prevent the painful emotions creates all "emotions of self-deception"

The child/adult learns how to protect the "castle" of emotional hurt from its environment

People in the child's environment teach the child through their own actions how to protect the "castle"
 The child then carries over these learned lessons into adult life

The child/adult creates "emotions of self-deception" in order to avoid the experience of the "castle" of childhood and Law of Compensation emotional hurt

Self-deception lets you 'off the hook' & removes you from self responsibility for causal emotion
 All emotions of self-deception while they may be painful protect you from a deeper pain

The child/adult may eventually suppress all emotion by using "self-deceptive intellectual rationale"

Self-deception rationale is often based on Truth but avoids or totally ignores all personal, emotional truth
 All self-deceptive rationale has the motive of helping you avoid your own personal emotional pain

Intellectual Rationale Of Self-Deception

Rationale of self-deception is when the child/adult uses intellectual reasoning of any kind (either fear based and false, or “love” based and true from an intellectual standpoint) in order to avoid underlying emotion

All rationale (intellectual reasoning) of self-deception comes from emotions of self-deception

Reasoning can be false eg. I will die if I feel that emotion

Reasoning can be true eg. I will lose some/all my friends if I tell the truth

If the purpose is to avoid the experience of emotion, we are still being unloving to ourselves & others

This is the difference between ‘talking the talk’ and actually ‘walking the walk’

e.g. often a person saying they are in a state of complete love are simultaneously projecting extreme anger

How To Know When We Are Deceiving Ourselves Intellectually

People around us often feel we are ‘fake’ and find it hard to connect emotionally to us

People around us often feel we are being emotionally condescending towards them

We feel drawn into intellectual arguments not understanding their emotions & not being able to identify them

All ‘emotions’ are calm, peaceful, detached, we have a ‘zen-like’ demeanour, desires are often not passionate

People around us feel we are quite haughty and arrogant

The emotion of condescension is often projected from us when we feel we are being ‘loving’

We always blame others for our Law of Attraction e.g. ‘thankyou for teaching me how to love’ etc.

Projections are coming from us at the highest degree; others are uncomfortable with those projections

We painful to be around because there is an ‘impenetrable wall’ around us

We have no true compassion e.g. we believe we are compassionate but can’t understand another’s true emotion

Emotions Of Self-Deception

Emotions of self-deception occur when the child/adult creates fictitious & untruthful emotional experiences in order to avoid experiencing underlying childhood emotions (causal or capping) or Law of Compensation emotions

Anything that stops you feeling the reason ‘WHY’ you feel a certain way is a self-deceiving emotion

The following emotions are always emotions of self-deception unless they are childhood capping emotions

Anger, resentment, rage, shame, guilt, neediness, self-punishment, punishment of others, hopelessness, wanting to give up, blame of self, blame of others

The key is to know when we are deceiving ourselves either intellectually or emotionally

How To Know When We Are Deceiving Ourselves Emotionally

We are in a constant emotional pain cycle

We keep on feeling overwhelmed with exactly the same emotions over long periods of time

Eg. I am crying all the time because nobody loves me

Eg. I feel hopeless because no matter what I do nothing goes right

Eg. I feel depressed because I cannot seem to get a job

Our Law of Attraction does not seem to change

Eg. I feel I am releasing my emotions that cause my cancer, but my cancer is growing

Eg. I feel I am accessing my sadness, but the doctor tells me I may need a bypass

Eg. I feel I am not angry, but people keep doing things that frustrate or annoy me

We project our emotional injuries at others

We need others to listen, to understand, to commiserate, and to feel ‘with us’ or the same as us

We constantly need to tell stories about our life to others

We get angry or resentful towards, or feel hurt from, others

We seek agreement from others, and when we do not receive it, we get angry or hurt

We feel ourselves to be a “Victim”

Using childhood events to justify adult unloving behaviour

Avoiding acknowledgement of responsibility for adult actions by saying I am/was a victim

We keep on externalizing our emotions

Eg. I am upset because the world is such an unloving place

Eg. I am angry because they made an attacking movie about my religion

We avoid living in Truth in certain situations

The Truth always activates our childhood causal or capping emotions
 The Truth sets you free by triggering the release of the emotional error within
 We create self-deceptive emotions to prevent ourselves from feeling emotional truth
 We then justify, minimize or shift the blame to make the lie feel better
 We often also avoid living in truth because we want to avoid responsibility or acting in Love (we want others to act first, we do not wish to take responsibility for our actions, we are ashamed of our actions)
 Eg. I cannot tell the truth because he/she/they will not be able to cope with it
 Eg. If I tell the truth, things will get worse in my own life

People around us seem to find it difficult to be with us

If we feel all of our own emotions, people around us do not feel the projection of those emotions
 This results in people around us feeling very comfortable with us
 If others find it difficult to be with us (not because we are telling the truth, but because we are “sucking their energy”) then generally we are not allowing our own emotional experience

We ‘create’ emotional drama

All emotional ‘dramas’ are distraction from the real childhood causal emotional events
 Emotional dramas are deceptive because they cause us to believe we are in touch with our soul (because we are emotional)

Examples of Self-Deception

AJ & Mary will share examples from the Internet and personal experience

Summary of the Process of Release

Awareness that Law of Attraction tells you the “Truth” of your own soul condition
 The lack of “flow” of Divine Love tells you if you are in a state of emotional denial of Truth
 The process of awakening emotionally

Intellectual and emotional (soul) denial
 Intellectual awareness that the sin or error (disharmony with Divine Love) exists and is real
 Intellectual awareness that the disharmony has a cause within ourselves
 Intellectual willingness to identify the cause within ourselves
 Intellectual awareness of the cause of the disharmony within ourselves
 Intellectual desire to release the cause of disharmony

Soul (emotional) denial of the disharmony with Divine Love (sin or error)
 Soul (emotional) awareness that the disharmony exists and is real
 Soul (emotional) awareness that the disharmony has a cause within ourselves
 Soul (emotional) willingness to identify the cause within ourselves
 Soul (emotional) awareness of the cause within ourselves
 Soul (emotional) realization of the cause within ourselves

Soul (emotional) desire to release (experience the pain) of the cause of disharmony
 Soul (emotional) willingness to release (experience the pain) of the cause of disharmony
 Soul (emotional) release (experiencing the emotion to completion)
 Soul (emotional) expansion, understanding of Divine Truth and Divine Love deepens

References, Music and Movies

Movie: “Bastard Out Of Carolina” (1996).

Movie: “12 Angry Men” (1957)