

Mediumship & Healing

Session 5: Revisiting Working Through Fear, Doubt & Mistrust

Pre-Requisites

- Go over the notes for the session “Spirit Relationships – Laws of Rapport & Spirit Communication”
- Go over the notes for the sessions “Mediumship & Healing – Session 1, 2, 3 & 4”
- Have a passion & longing for either the gift of healing, or the gift of mediumship (spirit communication)

Reminders

- Prayer to God – A passionate longing directed towards God to receive Divine Love & Truth
- Our Aim – To channel God’s Truth and healing in harmony with God’s Love

General Discussion

How guides assist a medium/healer on the Divine Love path to progress

- Divine Love spirit guides give information to mediums for the purpose of:
 - Helping the medium/healer connect to causal or blocking emotions within themselves
 - Helping the medium/healer release unloving belief systems
 - If the medium/healer does this, then they progress towards God & receive more Divine Love
 - When they are more progressed, then more accurate information can be given to them
- Information is given using the following methods:
 - Sensory information: sight, taste, touch, smell and hearing
 - Emotional information: emotions from the spirit experience that the spirit knows will trigger causal or capping emotions within the medium or healer
 - Factual information: details about people’s life on earth
 - Spiritual facts: details about spirits connected to the medium/healer or others around them
- Mediums & healers then misinterpret the information due to:
 - False beliefs (e.g. in past lives, inaccurate reincarnation beliefs, aliens, reptilian beliefs etc)
 - Emotional addictions within the medium/healer (e.g. desire for glory, desire to be special etc)
 - Emotional addictions of spirits attached to the medium/healer
 - Desire of spirits to retain control of the medium/healer (they shutdown the mortal listening truth)
- The Law of Attraction between spirits & mediums/healers is for the mediums/healers emotional benefit (as well as the spirit drawn to them):
 - Every spirit drawn to a medium is because of the mediums Law Of Attraction
 - There is some emotion or belief in the medium/healer that attracts the spirits coming to them
 - The medium/healer can identify the emotion/belief within themselves that needs to be released
 - The medium/healer can then focus on the release of the emotion/belief in error through the event
- How the reception of Divine Love affects the experience of mediumship:
 - When Divine Love is received, love is then reflected through the medium/healer
 - During this reflection, spirits in poor condition (or harmful spirits) are repelled
 - Spirits in Divine Love condition can then more easily assist the experience of emotion

Interview of Monica McGhee

- Different experiences that Monica had while staying with AJ & Mary illustrate the above Truths

Homework Debriefing – Feeling The Emotions & Soul Condition Of Spirits

Key Point

- Your OWN soul condition determines all accuracy of mediumship & effectiveness of healing. If you cannot feel and understand your own emotions, it will be very difficult to feel & understand with accuracy the soul condition of spirits who surround you. Even when you are developed, you CANNOT feel accurately the soul condition of any person or spirit who is in a greater condition of Love.

Key Point Notes

- The soul condition is the controlling force governing the accuracy and effectiveness of all gifts
- The greatest positive effect on our soul condition is prayer for Divine Love and Trust in God
- Negative, unloving (towards ourselves or others) emotions within us causes the:
 - 1) Misinterpretation of guidance from the spirit world

- 2) Attraction of spirits to us who can manipulate or deceive us
 - 3) The over-cloaking from spirits who are in very harmful conditions
 - 4) Attraction of spiritual events that frighten us, or we use to calm our own fears
- False beliefs (these are emotional and not based upon Divine Truth) within us causes the:
- 1) Attraction of spirits who have the same belief systems and who want to propagate the same
 - 2) Attraction of events (such as past-life regression events) which support our belief structure
 - 3) Our unwillingness to open up to God and Her Divine Truth; to “hear” Divine Truth
- The purpose of these attractions is to expose our erroneous emotional errors & beliefs

Homework

Homework involved attempting to become more sensitive to the emotions and beliefs (these are soul-based beliefs, not intellectual) of spirits that surround by becoming more sensitive to your own unloving emotions and belief structures.

This was done by: 1) Praying to God for help to become more emotionally sensitive to your own emotions and allow the experience of all emotions. 2) Purposely confronting the emotion or belief in error and experiencing it bodily, and 3) measuring the difference in effectiveness of our mediumship or healing.

Sharing & Debriefing

AJ will debrief and compare accuracy, and soul condition restrictions
Sharing – Sharing your development with others

Homework – Revisiting The Effect Of Fear, Mistrust, Doubt & Misinformation

There are a number of reasons why AJ feels these issues must be revisited:

Spirits have made the suggestion that many are not working through their fears, but are living in them
Fears prevent the underlying causal emotions from being released within mediums/healers
Fears prevent the delivery of specific information about coming earth change events

Key Point

Many healers & mediums coming to the groups are not yet really addressing their fears in a manner that has resulted in the fear leaving them. Many have become locked up in their fears or are reverting to anger (which is the denial of the underlying fear)! Your soul condition (remember determines all accuracy of mediumship & effectiveness of healing) is very dependent on, and can rapidly change as we are personally affected by our fears being triggered by the Law of Attraction.

Key Point Notes

The soul condition is the controlling force governing the accuracy and effectiveness of all gifts
Just as our soul condition is affected positively by Prayer and Trust in God, it is also negatively affected by fear, doubt, mistrust, doubt and misinformation.
Higher truths (more loved focused) are more easily transmitted to a person who is without fear
More work needs to be done to work through the fears by actually experiencing them
Fear includes; fear of the future, the past, of others, of exposure, of truth, of emotions, of sex etc.
A medium/healer needs to concentrate on purposely confronting ALL of their fears
Fears are a key way in which malevolent spirits can adversely affect a medium/healer in their work

Homework Reminders

Homework involves purposely triggering fear, and then working through the emotional experience of that fear, and then seeing if the mediumship ability changes. Mediums will look at the fears associated with earth change events, while healers will focus on fears associated with spirit communication.

Pre-development & Post-development Exercises:

Mediums: Write a message from your own spirit guide about what they feel is the truth about coming earth change events. Ask for specific accurate information. If specific information is not available, then ask them to tell you about your own emotional blockages to receiving specific information from them on the subject. Do this both before and after the development.

Healers: Write down what you believe are your own emotional blockages to consciously receiving direct information from your spirit guides regarding the healing work you are doing. Do this both before, and after the development. Also note down the improvements in your healing that occur after the development exercises.

Development:

- Continue to pray for Divine Love each day
- Mediums purposely trigger emotions by watching movies or reading books about earth changes
- Healers purposely trigger emotions by watching movies or reading books about spirit possession
- Allow the triggered emotions to come up within you, similar to the Monica interview
- Delve into and access the causal emotions that your FEAR is covering
- Wait until you are in a refreshed and clear state, THEN do the post-development exercise

Sharing & Debriefing

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- Sharing – Sharing your development with others

Specific Movies & Reading Material**Movies For Triggering Earth Change Fears**

- 2012 (2009). John Cusak & Amanda Peet
- 28 Days Later (2002). Alex Palmer & Bindu De Stoppani
- 28 Weeks Later (2007). Robert Carlyle & Catherine McCormack
- Armageddon (1998). Bruce Willis, Ben Affleck & Liv Tyler
- Children of Men (2006). Clive Owen & Julianne Moore
- Dante's Peak (1997). Pierce Brosnan & Linda Hamilton
- Deep Impact (1998). Morgan Freeman & Téa Leoni
- On the Beach (2000) (TV). Armand Assante, Rachel Ward & Bryan Brown
- Shelter (2008). James Casey & Jennifer Pennington
- Signs (2002). Mel Gibson & Joaquin Phoenix
- The Day After Tomorrow (2004). Dennis Quaid & Jake Gyllenhaal
- The Knowing (2009). Nicolas Cage & Rose Byrne
- The Mist (2008). Thomas Jane & Laurie Holden

Reading For Triggering Earth Change Fears

- Patriots: A Novel of Survival in the Coming Collapse By James Wesley Rawles
- 2013 – The End Of Days or a New Beginning by Marie D Jones
- Planet X Forecast & 2012 Survival Guide. Janno Vvan Der Worp, Marshall Masters, Janice Manning.

Movies For Triggering Spirit Possession Fears

- 1408 (2007). John Cusak & Samuel L. Jackson
- Don't Look Now (1973). Julie Christie & Donald Sutherland
- Dragonfly (2002). Kevin Costner & Kathy Bates
- Gothika (2003). Halle Berry & Penélope Cruz
- The Changeling (1980). George C. Scott
- The Exorcism Of Emily Rose (2005). Tom Wilkinson, Laura Linney & Jennifer Carpenter
- The Gift (2000). Cate Blanchett
- The Mothman Prophecies (2002). Richard Gere & Deborah Messing
- The Others (2001). Nicole Kidman, Christopher Eccleston & Fionnula Flanagan
- The Sixth Sense (1999). Bruce Willis, Haley Joel Osment & Toni Collette
- The Village (2004). William Hurt
- What Lies Beneath (2000). Michelle Pfeiffer & Harrison Ford

Books For Triggering Spirit Possession Fears

- “30 Years Among The Dead” by Dr Carl Wickland (downloadable from www.divinetruth.com)
- “Through the Mists” by Robert James Lees (downloadable from www.divinetruth.com)

References, Music and Movies

- Reference: Divine Love “Through the Mists”, “The Life Elysian”, “The Gate of Heaven”. Robert James Lees
- Reference: Divine Love “The True Gospel” Padgett Messages. All Volumes.