

The Human Soul Fear Processing

Introduction

FEAR – False Emotions (Expectations, Beliefs) Appearing Real
 We need to emotionally process our fears in order to release them
 The point of listing these movies is to allow the experience of fear, rather than staying in fear
 These movies and books are only a reference to the type of movies & books that will trigger fears
 We do not necessarily recommend you watch them all, but rather use your intuition to make a selection
 Some movies are very graphic, so please read the rating material on the cover of the DVD's

Fear of Spirit Attachment

Movie List

1408 (2007). John Cusak & Samuel L. Jackson
 Don't Look Now (1973). Julie Christie & Donald Sutherland
 Dragonfly (2002). Kevin Costner & Kathy Bates
 Gothika (2003). Halle Berry & Penélope Cruz
 The Changeling (1980). George C. Scott
 The Exorcism Of Emily Rose (2005). Tom Wilkinson, Laura Linney & Jennifer Carpenter
 The Gift (2000). Cate Blanchett
 The Mothman Prophecies (2002). Richard Gere & Deborah Messing
 The Others (2001). Nicole Kidman, Christopher Eccleston & Fionnula Flanagan
 The Sixth Sense (1999). Bruce Willis, Haley Joel Osment & Toni Collette
 The Village (2004). William Hurt
 What Lies Beneath (2000). Michelle Pfeiffer & Harrison Ford

Fear of Earth Change Events / Death / Loss

Movie List

2012 (2009). John Cusak & Amanda Peet
 28 Days Later (2002). Alex Palmer & Bindu De Stoppani
 28 Weeks Later (2007). Robert Carlyle & Catherine McCormack
 Armageddon (1998). Bruce Willis, Ben Affleck & Liv Tyler
 Children of Men (2006). Clive Owen & Julianne Moore
 Dante's Peak (1997). Pierce Brosnan & Linda Hamilton
 Deep Impact (1998). Morgan Freeman & Téa Leoni
 On the Beach (2000) (TV). Armand Assante, Rachel Ward & Bryan Brown
 Shelter (2008). James Casey & Jennifer Pennington
 Signs (2002). Mel Gibson & Joaquin Phoenix
 The Day After Tomorrow (2004). Dennis Quaid & Jake Gyllenhaal
 The Knowing (2009). Nicolas Cage & Rose Byrne
 The Mist (2008). Thomas Jane & Laurie Holden

Websites

planetxforecast.com
<http://www.youtube.com/watch?v=GOBd3BODVUw> (Ivan Stein)
<http://endgamenow.com/prophecy-predictions/2012-presentation-by-ivan-stein/>
<http://www.greatdreams.com/2012.htm>
<http://www.greatdreams.com/maps.htm> (Earth change maps)
<http://www.december212012.com/>
<http://www.2012unlimited.net/>
<http://www.2012predictions.net/>
<http://vids.myspace.com/index.cfm?fuseaction=vids.individual&VideoID=51541041>
<http://www.matrixinstitute.com/> (Gordon Michael Scallion)

Books

Patriots: A Novel of Survival in the Coming Collapse By James Wesley Rawles
 2013 – The End Of Days or a New Beginning by Marie D Jones
 Planet X Forecast & 2012 Survival Guide. Janno Vvan Der Worp, Marshall Masters, Janice Manning.

Fear of Going Crazy***Movie List***

Bang, Bang, You're Dead (2002). Thomas Cavanagh & Ben Foster
 Frances (1982). Jessica Lange & Sam Shepard
 Identity (2003). John Cusak
 Memento (2000). Guy Pearce & Carrie-Anne Moss (MA Rating)
 One Flew Over The Cuckoo Nest (1975). Jack Nicholson & Louise Fletcher
 Primal Fear (1996). Ed Norton & Richard Gere
 Prince Of Tides (1991). Nick Nolte & Barbara Striesand
 Requiem for a Dream (2000). Jared Leto & Jennifer Connelly (MA Rating)
 Secret Window (2004). Johnny Depp
 The Butterfly Effect (2004). Ashton Kutcher & Amy Smart
 The Invasion (2007). Nicole Kidman & Daniel Craig
 Vanilla Sky (2001). Tom Cruise & Penélope Cruz

Fear of War***Movie List***

Anne Frank (2001). Ben Kingsley & Hannah Taylor Gordon
 Blood Diamond (2006). Leonardo DeCaprio
 Dresden (2006) (TV). Felicitas Woll & John Light
 Holocaust (1978) (TV). Joseph Bottoms, Meryl Streep & Michael Moriarty
 My Boy Jack (2007) (TV). Daniel Radcliffe & Kim Cattrall
 Saving Private Ryan (1998). Tom Hanks, Edward Burns & Tom Sizemore
 Schindler's List (1993). Liam Neeson, Ben Kingsley & Ralph Fiennes
 Sum Of All Fears (2002). Ben Affleck & Morgan Freeman
 The Boy in the Striped Pyjamas (2008). Asa Butterfield & Vera Farmiga
 The Pianist (2002) Adrien Brody & Thomas Kretschmann
 We Were Soldiers (2002). Mel Gibson & Madeleine Stowe

Fear of Physical & Personal Harm***Movie List***

Battlestar Galactica (2003) (TV).
 City of God (2002). Alexandre Rodrigues (R Rated. Caution graphic violence)
 Fight Club (1999). Brad Pitt & Ed Norton. (Violence)
 Goya's Ghosts (2006). Stellan Skarsgård & Natalie Portman
 Hotel Rwanda (2004). Don Cheadle & Nick Nolte (Racial violence)
 House of Sand & Fog (2003). Jennifer Connelly & Ben Kingsley (Violence)
 Liam (2000). Anthony Borrows, Claire Hackett & Ian Hart
 Misery (1990). Kathy Bates.
 No Country for Old Men (2007). Tommy Lee Jones, Woody Harroldson.
 Se7en (1995). Brad Pitt, Morgan Freeman & Gwyneth Paltrow
 Silence Of The Lambs (1991). Anthony Hopkins & Jody Foster.
 The Accused (1988). Jodie Foster (R Rated: rape)
 The Departed (2006). Leonardo DiCaprio, Matt Damon & Jack Nicholson
 The Passion of the Christ (2004). James Caviezel & Monica Bellucci (Graphic violence)
 The Secret Life of Words (2005) Sarah Polley & Tim Robbins (Violence & rape)
 Unforgiven (1992). Clint Eastwood. (spirit over-cloaked violence)

Fear Of Conspiracy***Movies***

Arlington Road (1999) Jeff Bridges Tim Robbins Joan Cusack
Conspiracy Theory (1997). Mel Gibson & Julia Roberts
L.A. Confidential (1997). Guy Pearce, Russell Crowe, Kevin Spacey & Kim Basinger
Shooter (2007). Mark Wahlberg & Danny Glover
Training Day (2001). Denzel Washington & Ethan Hawke
V For Vendetta (2005). Natalie Portman & Hugo Weaving

Fear Of Losing Children***Movies***

Changeling (2009). Angelina Jolie.
Gone Baby Gone (2007). Morgan Freeman & Casey Affleck
Ransom (1996). Mel Gibson & Rene Russo
Lorenzo's Oil (1992). Susan Sarandon & Nick Nolte
Not Without My Daughter (1991). Sally Fields & Alfred Molina

Fear of Rejection / Being Alone / Things Going Wrong***Movie List***

Apollo 13 (1995). Tom Hanks, Gary Sinise & Kevin Bacon (Things going wrong)
Final Destination (2000). Devon Sawa (things going wrong)
High Noon (1952). Grace Kelly & Gary Cooper (being alone, rejection)
Thirteen Days (2000). Kevin Costner & Bruce Greenwood